



**Escuela Universitaria
Real Madrid**
UNIVERSIDAD EUROPEA



Private Master's Degree

in Sports Psychology Online

Specialise in sports psychology from the best: Real Madrid. Get to know and learn all the techniques to perform top psychological interventions.

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Private Master's Degree in Sports Psychology

Introduction

The **Private Master's Degree in Sports Psychology** is a 9-month programme that allows students to specialise in designing and planning intervention programmes in sports psychology.

With **a professional approach and a practical perspective**, during this programme you will learn to apply the knowledge, skills and competencies acquired in sports psychology environments. You will study online under the guidance of a prestigious faculty that will provide you with this real approach to professional practice.

The programme will explore, **with a modern, practical and innovative approach, the different intervention programmes**. You will improve your skills and competencies to achieve a more attractive and competitive profile through a practical and project-based approach throughout the master's degree.

With the knowledge acquired, **you will be able to develop professionally as a sports psychologist** in different types of institutions in which you will work with professional athletes, such as: high performance centres, federations, clubs and psychology centres specialised in the area.

Our flexible methodology allows you to combine online with unique **optional face-to-face experiences** in which you will be in direct and continuous contact with the business world of the sports sector and will provide you with the chance to network with industry professionals, professors, and colleagues of multiple nationalities.

In the international stays, you will be able to choose between different destinations such as **Italy**, London, Switzerland, New York or Portugal, among others, where you will get to know new management models or trends in the field of Sports Health, visiting a leading research university, research centres or medical centres.



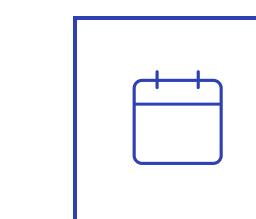
LOCATION

Virtual Campus



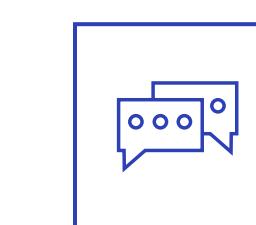
METHODOLOGY

Online with live classes



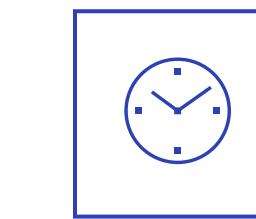
SCHEDULE

The **online classes** take place twice a week in the afternoon (Spain). The duration of the classes is approximately 2h, between 18:30h and 20:30h.



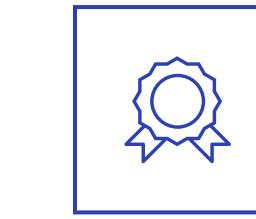
LANGUAGE

English



DURATION

9 months



ECTS

60



What makes us different?

International and specialised networking

An international programme that will allow you to foster relationships and contact with top international professionals and students of multiple nationalities. This educational commitment will exponentially improve the scope and professional possibilities of our students.

Professional faculty in the sector

The faculty is made up of active professionals from the most recognised companies in the sector, the same ones who will become a very valuable part of the students' network of contacts.

Invitation to the White Week Online

This event organised by the School is exclusively for our students. A week of unique lectures with leading sports industry professionals, elite athletes, and Real Madrid C. F. executives.

Madrid, revolutionizing the sports industry

Discover the most important aspects of the club. You will have the opportunity to get to know the Valdebebas Sports City from the inside. You will have access to the Real Madrid C. F. training facilities and will visit the Santiago Bernabéu stadium. You will also visit the city's main international sports entities and meet their executive managers.

Italy: Health and Sports

During this trip you will get to know new management models and trends in the sports and health field visiting a leading university, Università degli Studi di Roma 'Foro Italico', research centres or medical centres. You will have the opportunity to do networking with professionals from organisations such as Rome Olympic Stadium, Foro Italico Tenis, Swimming Olympic centre or Nicola Pietrangeli Stadium. Discover the rest of the trips that you can take part in.

Online Methodology

The online methodology focuses on the learner and on guaranteeing effective and personalised learning, always accompanying them so that they can achieve their objectives. Technology and innovation allow us to offer a dynamic and motivating environment, with the flexibility you need and the tools that ensure quality training. During the learning process, the student will have several resources such as:

- **Live virtual classes** that can be connected to from any place and device. These sessions are also recorded in case the student cannot attend or wants to watch them again. **All exams are online**, so you don't have to travel at any time.
- **You will have the support of our expert faculty** who will facilitate the learning process, as well as a tutor who will guide and help students to achieve their goals.
- **The student will obtain comprehensive training** based on learning through real cases combined with theoretical and practical learning.



International School

The history of Real Madrid is an example of **vision, dedication and a pioneering spirit** that has inspired generations throughout the years. Its legend in the world of football has forged the most prestigious and respected sports brand on every continent. Real Madrid is a multicultural club open to all and a leader in the global sports industry.

In 2006, the club started its joint venture with Universidad Europea, sharing a great international vocation which is reflected every day on the campus.

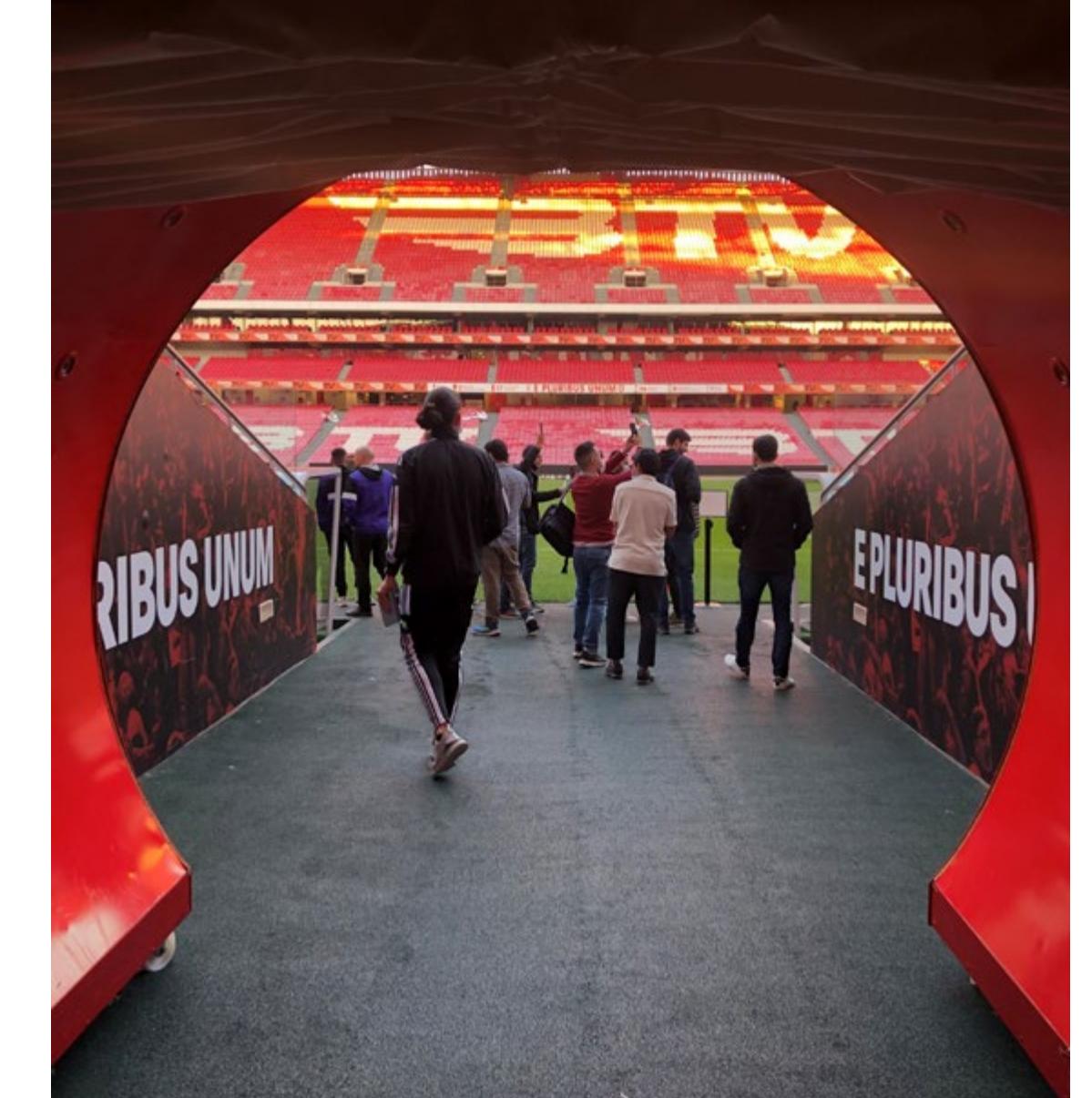
Nowadays, Escuela Universitaria Real Madrid Universidad Europea offers 32 graduate programmes with the mission of training the future leaders of the sports industry. Its academic quality has made the School become a key part



in how the sports sector has modernised over recent years, and there are more than 13.000 alumni working worldwide in the sector.

This year we'll receive around 1.000 students, with 78% of them coming from outside of Spain. The multicultural profile of the teaching staff and students, coming from more than 70 different nationalities, adds a unique value to our graduates.

Our open and multidisciplinary approach is evidenced by the experiences and opportunities offered by the School, such as the chance to study different management models from a range of sports, including getting to know the key



players within each sport and discipline.

We'll visit some worldwide renowned sports facilities, the headquarters of regulatory institutions in sports, and key players within the sports industry. The visits will include several work sessions with leading professionals, allowing students the chance to exchange opinions and deep dive in the 'know-how' of each organisation.

A unique chance to broaden your horizons and open your mind.
#GoBeyond

Our Students

Private Master's Degree in Sports Psychology

Students Profile

For admission to the Private Master's Degree in Sports Psychology, the following is required:

- Degree in Psychology and Sports Sciences or equivalent.
- Degree in Health Sciences or Education Sciences: It will be reviewed by the academic and admissions departments.

Students Profile

- Graduates in psychology who wish to specialise and develop professionally in the sports field.
- Graduates with at least one year of demonstrable professional experience in the field of sports psychology.
- Interested parties in possession of other degrees issued by a higher education institution that authorise access to postgraduate education in the issuing country and that are related to this field of knowledge will also be considered.





Academic Curricula

Private Master's Degree in Sports Psychology

Module I: Psychological processes in the sports activity (6 ECTS)

Module II: Sports Psychology and Health (6 ECTS)

Module III: Intervention in Sports Psychology (6 ECTS)

Module IV: Psychology in young talent development (6 ECTS)

Module V: Psychological training for high performance athletes (6 ECTS)

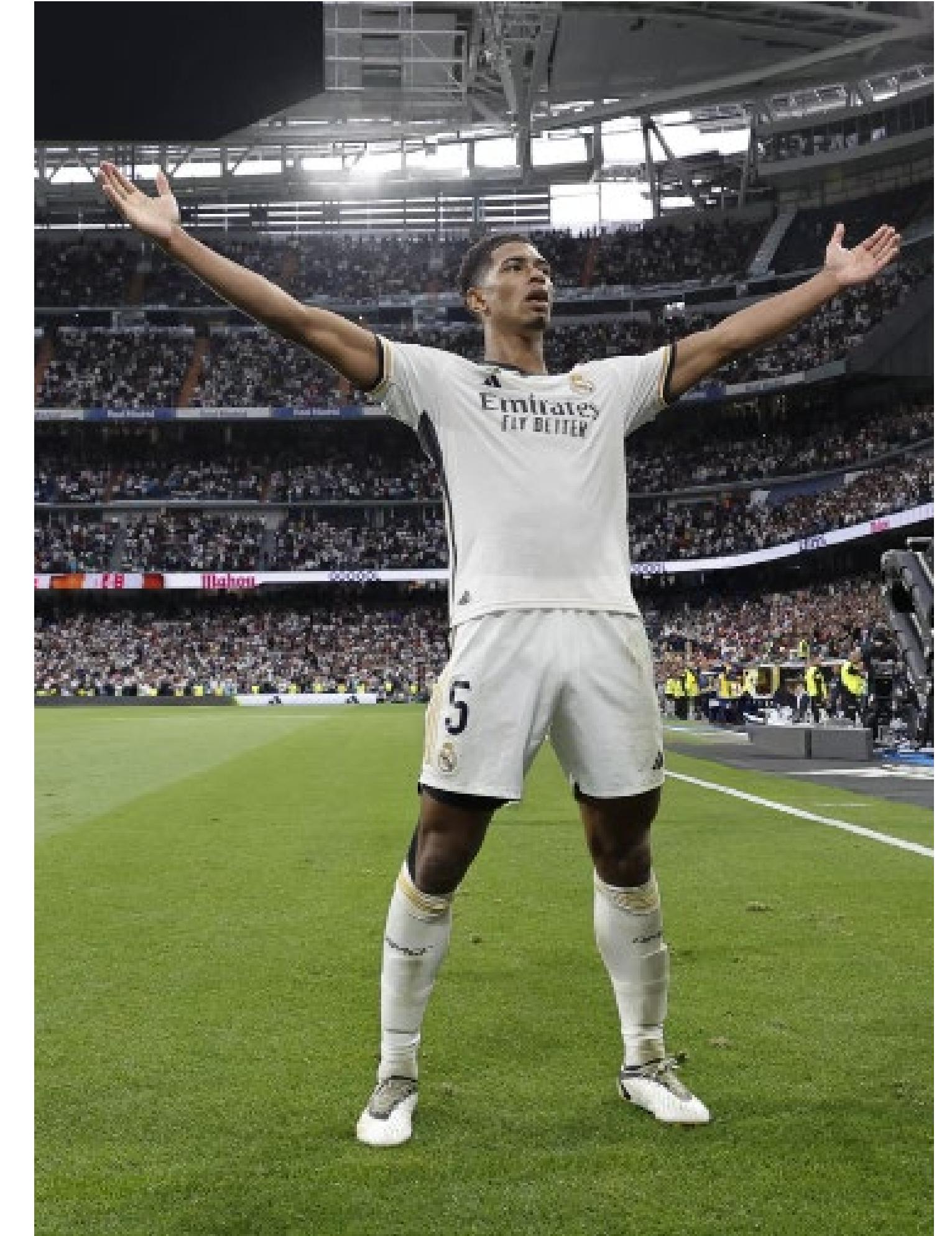
Module VI: Sports psychology in injury recovery and withdrawal from sports (6 ECTS)

Module VII: Psychology in the management of sports entities (6 ECTS)

Module VIII: Psychological intervention in Esports (6 ECTS)

Module IX: Professional experience and Case studies (6 ECTS)

Module X: Research Methods. Final project (6 ECTS)



Faculty

Our teaching team

Iván Bonilla

Programme Director Private Master's Degree in Sports Psychology.

D. Miguel Santolaya

Professor of Module 2 Sports Psychology and Health.

PhD in Health and Sports Psychology.

Graduated in Psychology.

Marta Borrueto Carmona

Professor of Module 4 Psychology in young talent development.

PhD in Sport and Health Psychology.

Currently a researcher in the Sport and Exercise Psychology Research Group (GEPE) and the Sports Research Institute (IRE), both from the Autonomous University of Barcelona.

A country representative of the European Network of Young Specialists in Sport Psychology (ENYSSP).

Anna Jordana Casas

Professor of Module 6 Sports psychology in injury recovery and withdraw from sports activity.

PhD in Health and Sports Psychology.

Graduated in Psychology and Master in Neurosciences.

Member of the Grup d'Estudis de Psicologia de l'Esport (GEPE) and of the Sport Research Institute (IRE), both from the Universitat Autònoma de Barcelona (UAB).

A national representative of the European Network of Young Specialists in Sport Psychology (ENYSSP).

Member of the European Federation of Sport Psychology (FEPSAC) and the Catalan Association of Sports Psychology (ACPE).





Programmes that facilitate your professional dreams

Our values are present in all areas of the School's training: syllabus, methodology, teaching, internships and student-faculty relations.

The School's training offer includes **postgraduate programmes and university courses** that you can study together to develop your career and succeed in the sports sector.

Study to become one of the leading professionals in the sports industry thanks to our specialised programmes and acquire a double qualification by focusing your master's degree in Sports psychology with a specialisation and innovation course in the sports sector. Choose the area of expertise that most interests you. You will enjoy online training, where you will have the opportunity to attend live masterclasses with experts from the sector.



■ Certificate Course in Sports Coaching



DURATION: 10 weeks

METHODOLOGY: **online**

LANGUAGE: **spanish/english**

A unique Postgraduate School

Real Madrid Graduate School Universidad Europea was founded in 2006 with the aim of training the sports industry's future leading professionals.

The alliance between Real Madrid – the most successful sports club in history – and Universidad Europea, a leading holistic education institution in Spain, aims to boost professional development and modernisation in the sector through university education.

The graduate school's academic quality and strict standards are demonstrated by the 13,000 students that have already graduated over the past 17 years, many of whom are now working as successful professionals in different areas of the sports industry today.

In the image, our General Director, Mr. Emilio Butragueño, receives the National Sports Award Stadium Cup from his Majesty Felipe VI of Spain and Queen Letizia, granted to Real Madrid Graduate School - Universidad Europea for its commitment in "promoting education, research and professionalisation in all sports related areas."

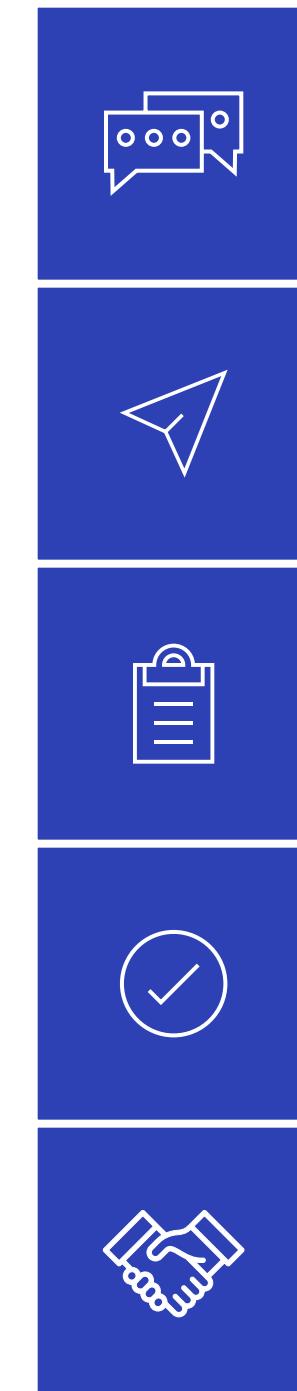


Admissions process

The admissions process for **Escuela Universitaria Real Madrid Universidad Europea** programmes runs throughout the whole year, although enrolment in all graduate programmes depends on the availability of places.

For personalised guidance, you can contact us via phone: **(+34) 918 340 912** or e-mail: **facultad.deportesonline@universidadeuropea.es** to receive advice from the Graduate Degree Admissions staff.

Once candidates have received guidance and have provided the necessary documentation, the Graduate Degree Admissions staff will send them a date for taking the **entrance exams** for the programme they are interested in, and for a **personal interview** with the Programme Director or a member of the Admissions Committee.



Personalised guidance

Sending in the application and documentation

Assessment of the profile and interview

Confirmation of admission

Formal reservation of a place and enrolment





Escuela Universitaria Real Madrid

UNIVERSIDAD EUROPEA

facultad.deportesonline@universidadeuropea.es
realmadrid.universidadeuropea.es
Tel.: +34 918 340 192

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