

# Friday 17th May

- 11:40-12:00 Welcome to the audience. Authorities:
  - ✓ **Dn<sup>a</sup>. Simone Sato**: Physical Activity and Sports Sciences Faculty Dean.
  - ✓ Dna: Marisa Saenz: Managing Director at Real Madrid Graduate School UE.
  - ✓ **D. Sergio Vázquez**: CEO & Founder at Medical Center Premium Madrid. Director at Sports Physiotherapy Master's Degree

## 12:00-13:00 / PremiumMadrid: PHYSIOTHERAPY IN PROFESSIONAL SPORTS

- ✓ Jose Chávez: Physiotherapist for the Spanish National Team and High-Performance Athletes.
- ✓ **Sergio Vázquez**: CEO & Founder at Medical Center Premium Madrid. Director at Sports Physiotherapy Master's Degree
- ✓ **David Rodríguez PhD**: High Performance Athletes' Physiotherapist and podiatrist.

#### **HOST:**

✓ **Diego Miñambres PhD**: Master's Degree in Sports Physiotherapy Co Director. Chronical pain in professional Sports Expert.

## • 13:00-13:55 / Helios Electromedicina TABLE

- ✓ Mr. Ángel Álvarez Pinardo: Sports Psychologist and Former Professional Referee.
- ✓ Ms. Ana de la Fuente: Re-adaptation Specialist for Real Madrid C.F. Women's Team.
- ✓ Carlos Romero PhD: Associate Professor at UEM. Physiotherapist for Real Madrid C.F. HOST:
- ✓ David Rodríguez PhD: High Performance Athletes' Physiotherapist and podiatrist.

#### 14:00-15:30 / BREAK

### 15:30-17:00 / EURM INTRODUCES BEST STUDENTS' PROJECTS

- ✓ **Nerea Fernández:** Epidemiological Study on Weightlifting Injuries
- ✓ Sandra Nieva González and Rebeca López López: RCT on the application of PPE in epicondylalgia in female paddle tennis players from the International World Padel Tour circuit
- ✓ Anne-Claire Marie Chantal Lepelletier and Caroline Lèa Sophie Desvignes: RCT: Blood flow restriction + resistance training VS resistance training in stress tibial fractures in longdistance runners.

## HOST:

✓ **Diego Miñambres PhD**: Master's Degree in Sports Physiotherapy Co Director. Chronical pain in professional Sports Expert.

#### 17:00-18:00 / NEUROSCIENCE IN SPORTS

- ✓ José Mª Abad Morenilla PhD: Former Medical Director at FREMAP Hospital, Clinical Consultant at CEMTRO Clinic, Sports Traumatologist.
- ✓ **Alejandro Luque Suárez PhD**: Physiotherapist and Anthropologist. Top 7 worldwide in chronic pain research.
- ✓ **Dr. Angel E. Alvarado Luna:** Co-Director of Therapeutic Clinic: Advanced Physiotherapy. Specialized care for amateur and professional athletes. Expert in Chronic Pain in Sports.

#### **HOST:**

✓ **José Ignacio Díaz:** Podiatrist, physiotherapist, and former Olympic athlete.

### 18:00-19:00 / MULTIDISCIPLINARY APPROACH IN SPORTS

- ✓ **José Ignacio Díaz:** Podiatrist, physiotherapist, and former Olympic athlete.
- ✓ Victor Álfaro PhD: Podiatrist with over 20 years of experience. General Director of Podoactiva. Member of the Innovative research group at Miguel Servet Hospital in Zaragoza and the Institute of Applied Biomechanics.
- ✓ **Juan Muro Zabaleta:** Former physiotherapist for Real Madrid C.F. and RFEF (Spanish Football Federation)

#### **HOST:**

✓ **Sergio Vázquez**: CEO & Founder at Medical Center Premium Madrid. Director at Sports Physiotherapy Master's Degree

# **End of the Day**

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