

1. OVERVIEW

Subject area	Soccer I
Degree	Bachelor's Degree in Exercise and Sport Sciences.
School/Faculty	Exercise and Sport Sciences and Physiotherapy
Year	First
ECTS	4 ECTS
Type	Optional
Language(s)	Spanish / English
Delivery mode	On campus
Semester	S1-S2
Academic year	2024/2025
Coordinating professor	David Viejo Romero

2. INTRODUCTION

The subject area is designed to provide students with basic and specific knowledge about the origins, evolution and organisation of football; the phases of play and key elements of football as a team sport; the characteristics and application of the technical/tactical resources used during play; and the different stages and progression in the teaching/learning process: objectives, content and teaching methods for football at an introductory level.

3. SKILLS AND LEARNING OUTCOMES

Basic skills (CB, by the acronym in Spanish):

- CB2: Students can apply their knowledge to their work or vocation in a professional manner and possess the skills which are usually evident through the forming and defending of opinions and resolving problems within their study area.
- CB3: Students have the ability to gather and interpret relevant data (usually within their study area) to form opinions which include reflecting on relevant social, scientific or ethical matters.
- CB4: Students can convey information, ideas, problems and solutions to both specialist and non-specialist audiences.

Transversal skills (CT, by the acronym in Spanish):

- CT15 - Responsibility: Ability to fulfil commitments to themselves and others when undertaking a task and try to meet a range of objectives within the learning process. Ability to face and accept the consequences of actions taken freely.

- CT17 - Teamwork: Ability to integrate and collaborate actively with other people, areas and/or organisations to reach common goals
- CT18 - Use of information and communication technology (ICT): Ability to effectively use information and communication technology as a tool for finding, processing and storing information, and for developing communication skills.
- CT06 - Oral/written communication: Ability to communicate and gather information, ideas, opinions and viewpoints, in order to understand and be able to act, whether expressed through spoken words, gestures, written text or graphic elements.

Specific skills (CE, by the acronym in Spanish):

- CE1: Ability to design, develop and assess teaching/learning processes related to physical activity and sport, considering the individual characteristics and contexts of the people involved and adhering to all necessary educational, technical and curricular principles
- CE3: Ability to plan, programme, apply, monitor and assess training and competition processes at different levels and in different age groups.
- CE8: Ability to design, plan, organise, implement and evaluate regular and/or one-off sport and recreation programmes, considering all factors that might affect these programmes in different professional, social and economic contexts.
- CE9: Ability to select and know how to use the right material and sports equipment for each type of activity, identifying the technical characteristics of different sports spaces.

Learning outcomes (RA, by the acronym in Spanish):

- RA1: This subject area will provide students will a broad range of knowledge about football based on developing knowledge about the game for young players.
- RA2: Students will use specific methods and resources for the development of young players
- RA 3: Students will be able to direct teaching/learning processes in youth football categories.
- RA 4: Students will be able to direct specific football sessions that consider the specific needs of players in youth football categories.

The following table shows how the skills developed in the course match up with the intended learning outcomes:

Skills	Learning outcomes
CB2, CB3, CB4, CT3, CT13, CT18, CE1, CE3, CE8	RA1.
CB3, CB4, CT15, CT17, CT18, CE3, CE8, CE9	RA2.

CB3, CB2, CT06, CT17,CE1, CE3, CE8, CE9	RA3.
CB2, CT15, CT17, CT06, CE1, CE3, CE8, CE9	7. ASSESSMENT

4. CONTENTS

Topic 1 – Training methods in youth development football

- Learning skills.
- Design of activities to teach attack techniques and tactics.
- Design of activities to teach defence techniques and tactics
- Difference between global and analytical tasks.

Topic 2 – Formative teaching models in European football.

Topic 3 – Programming and planning of content in youth football.

5. TEACHING/LEARNING METHODS

The types of teaching-learning methods are as follows:

- Lectures.
- Case studies.
- Collaborative learning.
- Problem-based learning.

6. LEARNING ACTIVITIES

The types of learning activities, plus the amount of time spent on each activity, are as follows:

On campus:

Learning activity	Number of hours
Design of strategies, procedures and intervention plans (practical content)	30 h
Lectures	4 h
Collaborative and group projects	50 h
Oral presentations	10 h
Tutorials	4
Asynchronous lectures	2

TOTAL	100 h
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7. ASSESSMENT

The assessment methods, plus their weighting in the final grade for the course, are as follows:

On campus:

Assessment system	Weighting
<i>Performance observation</i>	(15–20%)
<i>Participation in classroom activities</i>	(15–20%)
<i>Oral presentations</i>	(15–20%)
<i>On-campus knowledge tests</i>	(40–55%)

On the Virtual Campus, when you open the course, you can see all the details of your assessment activities and the deadlines and assessment procedures for each activity.

7.1. Ordinary exam period

To pass the subject area in the ordinary exam period you must obtain a grade higher than or equal to 5.0 out of 10.0 in the final grade (weighted average) for the subject area.

- Achieve a minimum grade of 5.0 in the written theory test.
- Attend 85% of the classes to be eligible for continuous assessment
- Attend 100% of the practical classes where assessable tasks are carried out

7.2. Extraordinary exam period (resits)

To pass the subject area in the ordinary exam period you must obtain a grade higher than or equal to 5.0 out of 10.0 in the final grade (weighted average) for the subject area.

- Achieve a minimum grade of 5.0 in the written theory test.

8. TIMELINE

This section presents the timeline and submission dates for the assessable tasks in this subject area.

Assessable tasks	Date
Warm-up	Class 5 onwards

Activity book	After class 15
Content planning	3 classes before the end
Knowledge test	Last day of class

The timeline may be subject to change for logistical reasons related to the activities. Students will be informed of any changes in due time and course.

9. BIBLIOGRAPHY

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10. DIVERSITY AWARENESS UNIT

From the Educational Guidance and Diversity Unit we offer support to our students throughout their university life to help them reach their academic achievements. Other main actions are the students inclusions with specific educational needs, universal accessibility on the different campuses of the university and equal opportunities.

From this unit we offer to our students:

1. Accompaniment and follow-up by means of counselling and personalized plans for students who need to improve their academic performance.
2. In terms of attention to diversity, non-significant curricular adjustments are made in terms of methodology and assessment for those students with specific educational needs, pursuing an equal opportunities for all students.
3. We offer students different extracurricular resources to develop different competences that will encourage their personal and professional development.
4. Vocational guidance through the provision of tools and counselling to students with vocational doubts or who believe they have made a mistake in their choice of degree.

Students in need of educational support can write to us at:
orientacioneducativa@universidadeuropea.es

11. STUDENT SATISFACTION SURVEYS

Your opinion matters!

Universidad Europea encourages you to complete our satisfaction surveys to identify strengths and areas for improvement for staff, degree courses and the learning process.

These surveys will be available in the surveys area of your virtual campus or by email.

Your opinion is essential to improve the quality of the course.

Many thanks for taking part.