

1. BASIC DATA

Subject	EXTERNAL ACADEMIC INTERNSHIPS
Degree	Bachelor's Degree in Physical Activity and Sports Sciences
School/ Faculty	Physical Activity and Sports Sciences and Physiotherapy
Course	4th
ECTS	12 ECTS
Character	Internships
Language/s	Spanish and English
Modality	Face to face
Semester	S8
Academic year	2027/2028
Coordinating Teacher	Anjara Argibay Muñoz

2. PRESENTATION

The External Academic Internship is a compulsory subject within the approved curriculum for the training of graduates in Physical Activity and Sports Sciences at the European University.

This subject can be considered as a fundamental training area, since its purpose is to complement experimentally through real experiences, the theoretical knowledge acquired throughout the career.

In the conceptual descriptors of the subject included in the degree curriculum, the internships are described as: "Internships to be carried out by the student aimed at providing direct experience in any of the areas of physical activity and sport; as well as applied research techniques"

It is a subject that all future graduates of any Faculty of Physical Activity and Sports Sciences in Spain take. The European University offers you the possibility of choosing between different areas of development of the Practicum, as a response to the diversity of the demand for professionals in fields of action different from the traditional ones.

As you can see, external academic internships are the best opportunity for you to develop and apply all the knowledge you have acquired throughout your stay at the University, with the possibility of adapting it to the professional reality of the chosen field.

3. LEARNING OUTCOMES

Knowledge

WITH7. Identify the historical, legal, ethical and deontological principles within the framework of sports interventions.

Identify fundamental concepts related to the contents of the entire Skills degree.

Skills

HAB5. It applies the organisational and regulatory conditions for a correct design of professional practice and human resources in any professional sector of physical activity and sport.

Acts professionally in the use of sports material and equipment.

Comply with safety protocols when carrying out practices in any type of sports facility, ordinary or outdoor.

It integrates the knowledge acquired in all the training axes during the internship in a professional environment.

It develops in-depth and synthesis work, based on a search for bibliographic sources related to the contents of the degree, especially one of the training axes, to act in a professional environment.

Integrates into the professional activity understanding the correct performance of the functions to be performed.

Develop collaboration and teamwork activities with other professionals.

Anticipates Anticipating solutions to complex professional situations.

Competences

COMP17. To develop procedures and protocols fluently to solve unstructured, unpredictable and increasingly complex problems, articulating and deploying a mastery of the elements, methods, procedures, activities, resources, techniques and processes of physical fitness and physical exercise in an adequate, efficient, systematic, varied and methodologically integrated way for the entire population and with emphasis on populations of a special nature such as: elderly people (the elderly), schoolchildren, people with disabilities and people with pathologies, health problems or similar (diagnosed and/or prescribed by a doctor), taking into account gender and diversity and in any sector of professional intervention of physical activity and sport.

COMP30. Understand, know how to explain and disseminate the functions, responsibilities and importance of a good professional Graduate in Physical Activity and Sports Sciences as well as analyze, understand, identify and reflect critically and autonomously on their identity, training and professional performance to achieve the aims and benefits of physical activity and sport in an appropriate way, safe, healthy and efficient in all physical-sports services offered and provided and in any professional sector of physical activity and sport.

COMP31. Identify, describe and apply ethical and deontological principles and social justice in professional performance and involvement, as well as having habits of scientific and professional rigour and a constant attitude of service to citizens in the exercise of their professional practice with which improvement, excellence, quality and efficiency are sought.

KNOWLEDGE

KON7. **Identifies** ~~Identify~~ historical, legal, ethical and deontological principles in the context of sport.

- **Identifies** ~~Identify~~ key concepts related to the contents of the entire degree.

ABILITIES

AB05. **Applies** ~~Apply~~ organisational and regulatory conditions to effectively design professional practices and human resources in any professional discipline of the sport and physical activity sector.

- **Acts** Act professionally when using sports gear and equipment.
- **Follows** Follow safety protocols while carrying out your internship in any kind of sporting or other facility, as well as outdoors.
- **Integrates** Integrate acquired knowledge from all core areas of the curriculum during your internship in a professional setting.
- **Carries** Carry out in-depth studies and syntheses based on research using fundamental bibliographical sources related to the degree content, in particular a core aspect of the curriculum, in order to perform in a professional environment.
- Successfully **takes** take part in professional activity by understanding how to correctly perform the functions to be carried out.
- **Carries** Carry out collaborative and teamwork activities with other professionals.
- **Puts** Put forward solutions to complex professional situations.

SKILLS

COMP17. Adopt a straightforward approach to formulating procedures and protocols to resolve unstructured problems of an increasingly complex and unpredictable nature, while developing and drawing on expertise in the features, methods, processes, activities, resources and techniques that characterise basic motor skills, physical activities, sports skills, play, physical expression through movement and dance, and nature activities in an adequate, effective, systematic, varied and methodologically integrated manner for the entire population, with a focus on particular groups such as senior citizens (the elderly), schoolchildren, people with disabilities and people with diseases, health problems or similar conditions (diagnosed and/or prescribed by a physician), taking into account gender and diversity considerations, in any area of professional activity within the sport and physical activity sector.

COMP30. Understand, know how to explain and promote the functions, responsibilities and role of a successful professional with a degree in Physical Activity and Sports Sciences; as well as analyse, understand, identify and reflect critically and independently on your own identity, training and professional performance in order to achieve the aims and benefits of physical activity and sport in an appropriate, safe, healthy and effective manner, for all physical activity and sports services offered in any area of professional activity within sport and physical activity sector.

COMP31. Identify, describe and apply ethical, deontological and social justice principles in the context of professional performance and engagement; develop habits of scientific and professional rigour; and uphold standards in professional practice involving the public, underpinned by improvement, excellence, quality and effectiveness.

COMP32. Describe, develop and know how to apply ethical, deontological, structural, organisational and professional performance factors, and standards of professional practice for Physical Activity and Sports Sciences Graduates, in any area of professional activity within the

sport and physical activity sector (formal and informal physical education and sports instruction; physical and sports training; health-focused exercise; physical activity and sports management); and be able to carry out multidisciplinary work.

COMP33. Understand, know how to explain and promote the functions, responsibilities and role of a successful professional with a degree in Physical Activity and Sports Sciences; as well as analyse, understand, identify and reflect critically and independently on your own identity, training and professional performance in order to achieve the aims and benefits of physical activity and sport in an appropriate, safe, healthy and effective manner, for all physical activity and sports services offered in any area of professional activity within sport and physical activity sector.

COMP34. Apply the knowledge, abilities and skills acquired in professional environments related to physical activity and sports sciences, in a practical and comprehensive manner.

COMP37. Strategic communication. Transmit messages (ideas, concepts, feelings, arguments), both orally and written, strategically aligning the interests of the different stakeholders involved in the communication in the academic and professional environment.

COMP41. Critical analysis. Integrate analysis with critical thinking in a process of evaluating different ideas or professional possibilities and their potential for error, based on evidence and objective data that lead to effective and valid decision-making.

COMP42. Resilience. Adapt to adverse, unexpected situations that cause stress, whether personal or professional, overcoming them and even turning them into opportunities for positive change.

4. CONTENTS

Topic 1. Planning and programming of tasks and activities specific to the field of action.

Topic 2. Formulation of objectives and development of the necessary strategies to carry them out.

Topic 3. Use of tools, instruments and procedures to develop the different professional actions.

Topic 4. Structuring of acquired knowledge to be applied appropriately in professional reality.

Topic 5. Establishment of strategies aimed at permanently evaluating one's own professional action in all its range of situations.

Topic 6. Carrying out the Objective and Structured Competence Assessment (OSCE), at the facilities of the European University of Madrid.

Topic 7. Structuring of procedures for the correct development of professional activities

Topic 8. Learning based on action and experience that allows the acquisition and integration of skills and knowledge.

5. TEACHING-LEARNING METHODOLOGIES

The following are the types of teaching-learning methodologies that will be applied:

- Experiential Learning

6. TRAINING ACTIVITIES

The types of training activities that will be carried out and the student's dedication in hours to each of them are identified below:

Face-to-face modality:

Training activity	Number of hours
Preparation of reports and writings	32
Guardianship	8
Internship	110
TOTAL	150

7. EVALUATION

The evaluation systems are listed below, as well as their weight on the total grade of the subject:

Face-to-face modality:

Evaluation system	Weight
Report of the external tutor of internships	10-20%
Report of the academic tutor of internships	30-15%
Student's external academic practice report	35-60%
ECOE	10-15%

On the Virtual Campus, when you access the subject, you will be able to consult in detail the evaluation activities you must carry out, as well as the delivery dates and evaluation procedures for each of them.

7.1. Ordinary call

To pass the subject in the ordinary call, it is necessary that all the Items reach the minimum grade of 5 on a scale of 0 to 10, both the internship report, as well as the assessment of the external tutor, the assessment of the academic tutor, as well as the ECOE.

In the event of not exceeding the minimum grade of 5 in the report in the ordinary call for evaluation, you must pass the subject in the extraordinary evaluation by returning the failed document before the established date.

In the event that you do not exceed the grade of 5 in the assessment of the external tutor, you must repeat the subject in its entirety in the extraordinary official call, attending a new internship centre and re-preparing your report and your reflective diary. In this case, it cannot be guaranteed that the internship can be carried out in an entity in the same field in which you developed the first experience.

In order to take the ECOE, it is essential to have completed the hours of stay at the internship centre. If you have not completed the internship process, you will not be able to apply for the ECOE.

If it is the case that a student passes the internship part at the centre and the report to be submitted, but does not pass the OSCE, he/she must repeat the OSCE in an extraordinary call

In any case, it will be necessary for you to obtain a grade greater than or equal to 4.0 in the final test, so that it can average with the rest of the activities.

7.2. Extraordinary call

To pass the subject in the extraordinary call, you must obtain a grade greater than or equal to 5.0 out of 10.0 in the final grade (weighted average) of the subject.

If you have not passed the subject in the ordinary call, you must do so in the extraordinary call. If you have to complete the 150 hours of attendance at the internship center in the extraordinary evaluation call, you will not have the option of choosing the field of specialization, internship center or schedules and dates of completion. In this case, the assignment will be made according to the availability of the internship offer at that time, having to accept and respect the conditions proposed for this case. In other words, in no case can the internship be guaranteed to be carried out in the field chosen by the student or with the same regime as in the case of ordinary evaluation. To pass the subject in its extraordinary assessment call, it is necessary to have obtained the minimum grade of 5 on a scale of 0 to 10 in all items, assessment report of the external tutor and the academic tutor and the ECOE. If you do not exceed the minimum grade of 5 in the extraordinary evaluation call, you must enroll the subject again in the following academic year. In the event that you do not exceed the grade of 5 in the ECOE and have passed the rest of the parameters, you must enroll the subject again in the following academic year and complete it completely

In any case, it will be necessary for you to obtain a grade greater than or equal to 4.0 in the final test, so that it can average with the rest of the activities.

The activities not passed in the ordinary call must be submitted, after having received the corresponding corrections from the teacher, or those that were not delivered.

COMMON FOR BOTH CALLS

In the development of the subject, there are a series of rules that you are obliged to comply with and that in case of non-compliance on your part will cause you to lose the right to evaluation in the extraordinary call and therefore you will have to enroll in the subject the following year.

Please do not forget to consult these general rules of mandatory compliance and important considerations corresponding to this guide and be very scrupulous in their compliance. The internship report will be delivered on the platform for the Evaluation of Internships "UE Evalua". In pdf format, it may not exceed 20MB in size, and in no case will submissions of works outside this platform be accepted in any format other than the one requested or outside the established deadline. Works not delivered under these

conditions will have a grade of "0". If you submit a work that has been totally or partially plagiarized from another, you will automatically lose the right to the evaluation in its extraordinary call, having to enroll the subject again in the following academic year. In all cases, the evaluation concludes with a recognition of your level of learning and is expressed in numerical grades in accordance with the provisions of current legislation. If you do not reach the minimum score of 5 out of 10 in the grade of the extraordinary call, you will not have passed the subject and it will be necessary to re-enrol the whole process during the following year.

8. SCHEDULE

This section indicates the schedule with delivery dates of assessable activities of the subject:

Assessable activities	Date
Activity 1: Preparation of the internship report.	Start S1- Final S2
Activity 2: ECOE	Week 21- 22

This schedule may be modified for logistical reasons of the activities. Any modification will be notified to the student in a timely manner.

9. BIBLIOGRAPHY

No general source of information on the practices is recommended.

10. EDUCATIONAL GUIDANCE AND DIVERSITY UNIT

From the Educational Guidance and Diversity Unit (ODI) we offer support to our students throughout their university life to help them achieve their academic achievements. Other pillars of our action are the inclusion of students with specific educational support needs, universal accessibility on the different campuses of the university and equal opportunities.

This Unit offers students:

1. Accompaniment and follow-up through the realization of personalized counseling and plans for students who need to improve their academic performance.
2. In terms of attention to diversity, non-significant curricular adjustments are made, that is, at the level of methodology and evaluation, in those students with specific educational support needs, thus pursuing equality of opportunities for all students.
3. We offer students different extracurricular training resources to develop various skills that will enrich them in their personal and professional development.
4. Vocational guidance through the provision of tools and advice to students with vocational doubts or who believe that they have made a mistake in the choice of the degree

Students who need educational support can write to us at:

orientacioneducativa@universidadeuropea.es

11. SATISFACTION SURVEYS

Your opinion matters!

The European University encourages you to participate in satisfaction surveys to detect strengths and areas for improvement in the teaching staff, the degree and the teaching-learning process.

The surveys will be available in the survey space of your virtual campus or through your email.

Your assessment is necessary to improve the quality of the degree.

Thank you very much for your participation.