

1. OVERVIEW

Subject area	Work Placement
Degree	Bachelor's Degree in Exercise and Sport Sciences
School/Faculty	Exercise and Sport Sciences and Physiotherapy
Year	4
ECTS	12 ECTS
Type	Compulsory
Language/s	Spanish/English
Delivery mode	On campus
Semester	S7, S8
Academic year	2025/2026
Coordinating professor	Anjara Argibay Muñoz

2. INTRODUCTION

The *Work Placement* is a compulsory subject area on the approved syllabus for the bachelor's degree in Exercise and Sport Sciences at Universidad Europea.

This subject area is considered a fundamental area of learning as it is designed to provide real-life experiences that complement the theoretical knowledge acquired on the degree programme.

In the conceptual descriptions provided in the degree syllabus, this subject area is described as:

Student work placements that aim to provide direct experience in any field of physical activity or sport, as well as experience of applied research techniques.

This is a subject studied by all future graduates of any School of Exercise and Sport Sciences in Spain. Universidad Europea offers you the chance to choose from a range of different placements in a range of different areas in response to the diversity of professional demand in non-traditional areas.

The *Work Placement* subject area undoubtedly provides the best opportunity for students to develop and apply all the knowledge acquired during their time at university, with the possibility of adapting this knowledge to the professional reality of their chosen field.

3. SKILLS AND LEARNING OUTCOMES

Basic skills (CB, by the acronym in Spanish):

- CB1. Students have demonstrated knowledge and understanding of a study area originating from general secondary school education, and are usually at the level where, with the support of more

advanced textbooks, they may also demonstrate awareness of the latest developments in their field of study.

- CB2: Students can apply their knowledge to their work or vocation in a professional manner and possess the skills which are usually evident through the forming and defending of opinions and resolving problems within their study area.
- CB3: Students have the ability to gather and interpret relevant data (usually within their study area) to form opinions which include reflecting on relevant social, scientific or ethical matters.
- CB4: Students can convey information, ideas, problems and solutions to both specialist and non-specialist audiences.
- CB5: Students have developed the necessary learning skills to undertake further study with a high degree of autonomy.

Transversal skills (CT, by the acronym in Spanish):

- CT03: Ability to adapt to new situations. Being able to evaluate and understand different points of view, adapting one's own approaches to suit the situation.
- CT08: Information management. Ability to seek, choose, analyse and integrate information from diverse sources.
- CT09: Interpersonal relationship skills. Ability to maintain positive relationships with other people through assertive verbal and non-verbal communication. This means being able to express or communicate what you want, think or feel without discomforting, offending or harming the feelings of other people.
- CT10: Initiative and entrepreneurial spirit. Ability to undertake difficult or risky actions with resolve. Ability to anticipate problems, propose improvements and persevere to ensure they are implemented. Willingness to take on and carry out tasks.
- CT13: Problem solving. Ability to resolve an unclear or complex issue or situation which has no established solution and requires skill to reach a conclusion.
- CT15: Responsibility. Ability to fulfil commitments to themselves and others when undertaking a task and try to meet a range of objectives within the learning process. Ability to face and accept the consequences of actions taken freely.

Specific skills (CE, by the acronym in Spanish):

- CE01: Ability to design, develop and assess teaching/learning processes related to physical activity and sport, considering the individual characteristics and contexts of the people involved and adhering to the necessary educational, technical and curricular principles.
- CE02: Ability to transmit attitudes and values in professional practice in all areas of physical activity and sport, helping to create a better society.
- CE03: Ability to plan, programme, apply, monitor and assess training and competition processes at different levels and in different age groups.
- CE06: Ability to assess levels of physical fitness and motor skills, prescribing and planning health-orientated physical exercises in different age groups.

- CE08: Ability to design, plan, organise, implement and evaluate regular and/or one-off sport and recreation programmes, considering all factors that might affect these programmes in different professional, social and economic contexts.
- CE10: Ability to participate in the effective leadership and/or management of both private and public organisations that provide any type of physical activity service (recreation, health, sport, education, etc.); identifying, defining and systematising the necessary processes to meet the organisation's objectives.

Learning outcomes (RA, by the acronym in Spanish):

- RA1: To understand key concepts related to the content of the full degree programme.
- RA2: To act professionally when using sports equipment and material and to follow safety protocols for work placements at any type of indoor or outdoor sports facility.
- RA3: To complete a work placement in a professional environment for the in-depth study of one of the key areas of learning, integrating all knowledge acquired in the other areas.
- RA4: To perform in-depth analysis and summaries based on searches of key literature related to the content of the full degree programme, especially the content of one of the key areas of learning, in order to act accordingly in a professional environment.

The following table shows how the skills developed in the course match up with the intended learning outcomes:

Skills	Learning outcomes
CB1, CB2, CT3, CT8, CE1-CE10.	RA1: To understand key concepts related to the content of the full degree programme.
CB2, CB3, CB5, CT3, CT13, CT15, CE3, CE8, CE10	RA2: To act professionally when using sports equipment and material and to follow safety protocols for work placements at any type of indoor or outdoor sports facility.
CB1, CB2, CB4, CB5 CT3, CT9, CT10, CT15 CE1, CE2, CE3, CE6, CE8, CE10.	RA3: To complete a work placement in a professional environment for the in-depth study of one of the key areas of learning, integrating all knowledge acquired in the other areas
CB3, CB4, CB5, CT8, CT10, CT13 CE1, CE2, CE3, CE6, CE8, CE10.	RA4: To perform in-depth analysis and summaries based on searches of key literature related to the content of the full degree programme, especially the content of one of the key areas of learning, in order to act accordingly in a professional environment

4. CONTENTS

The general contents of the subject area are:

- Planning and programming of tasks and activities inherent to the area of activity.
- Formulation of objectives and development of the strategies needed to achieve them.
- Use of tools, instruments and procedures to perform a range of professional activities.
- Structuring of acquired knowledge for best possible application in real-life professional environments.
- Establishing strategies to continually assess one's own professional performance in a broad range of different situations.
- Completion of the Structured and Objective Skills Assessment (ECOE, Spanish acronym) at the Universidad Europea de Madrid facilities.

The specific and technical content of the learning programme will vary depending on the specialist area chosen by the student.

A detailed description for each area will be provided on the virtual campus

5. TEACHING/LEARNING METHODS

The types of teaching-learning methods are as follows:

- Case studies
- Collaborative learning.
- Problem-based learning

6. LEARNING ACTIVITIES

The types of learning activities, plus the amount of time spent on each activity, are as follows:

On campus:

Learning activity	Number of hours
Formative assessment (feedback on assessment)	40
Case studies	40
Reports and written work	50
Internship in companies	150
Tutorials	20
TOTAL	300

7. ASSESSMENT

The assessment methods, plus their weighting in the final grade for the course, are as follows:

On campus:

Assessment system	Weighting
Work experience review	25%
Reflective journal	10%
Performance at the centre	45%
Proven responsibility during the Faculty/ECOE process	20%

On the Virtual Campus, when you open the subject area, you'll find details of your assessment activities, including the submission dates and assessment procedures for each activity.

All activities must be submitted in line with the requirements and criteria set for each specialist area, and they should always be submitted on the internship assessment platform "UEvalua". Students will be shown how this platform works and its key features well in advance.

The projects and activities submitted to complete the assessable tasks should be original work in all cases. To avoid difficult situations, please only submit work that you yourself have done. Check the Universidad Europea regulations for more information.

In all cases, the assessment concludes with recognition of your level of learning, which is expressed as a numerical grade in line with the provisions of the legislation in force.

From academic year 2022/2023 onwards, students who choose the area of physical activity for health will participate in an inter-professional education project with real clinical cases taken from their own placements. These students will form part of a multidisciplinary team, working with students from other degree programmes.

The area of work is described below, including the objectives and needs of the project.

It will account for 5% of the assessment percentage for the student's work placement, which is specified as proven responsibility in the faculty process.

7.1. Ordinary exam period

To pass the subject area in the ordinary exam period, the weighted average grade for the work placement review and journal (10% + 25%) and the weighted average grade for the tutor reports and the ECOE (45% + 20%) both need to a minimum of 5 on a scale of 0 to 10.

If students do not achieve a minimum average grade of 5 for the work placement review and journal in the ordinary exam period, they must resubmit both the review and the journal in the extraordinary exam period before the corresponding deadline. In this case, the ordinary exam period grade would be the grade of below 5 that was achieved as the average grade for the review and the journal, even if the final weighted average grade for the four assessment areas is higher than 5.

If you do not achieve a minimum grade of 5 in the average for the tutor assessment, you would need to resit the whole subject area in the official extraordinary exam period, completing a new work placement and producing a new review and reflective journal. In this case, the University cannot guarantee that the work placement will be with an organisation in the same specialist area as the first placement. In this case, the ordinary exam period grade would be the grade achieved in the average of

the tutor assessment that was below 5, even if the final weighted grade for the four assessment areas is higher than 5.

To pass the subject area, it is essential to achieve a minimum grade of 5 in the ECOE and all other assessable tasks. If a student passes the assessment of the work placement and the submission of documents but they fail the ECOE, they must retake the ECOE in the extraordinary exam period, even if their weighted average grade is a pass.

A number of rules are applicable to all students over the course of the subject area. If you do not abide by these rules, you will lose the right to assessment in the ordinary exam period. Please remember to read these **General Rules and Key Considerations** and follow them meticulously.

Both the work placement review and journal will be submitted on the internship assessment platform "UEvalua". Both documents in pdf format can be no bigger than 20MB. Any work that is submitted late, outside of this platform or in any format other than pdf will not be accepted. Any work submitted under these conditions will be graded 0.

If you submit work that is found to fully or partially plagiarise the work of others, you will automatically lose the right to assessment in the ordinary exam period and will have to resist the subject area in the extraordinary exam period.

7.2. Extraordinary exam period (resits)

If you do not pass the subject area in the ordinary exam period, you will need to resist it in the extraordinary exam period. If you need to complete another 150 hours at the work placement centre in the extraordinary exam period, you will not be able to choose the specialist area, work placement centre, working hours or dates. In this case, placements will be assigned according to the work placement offers available at the time, and students will have to accept and respect the corresponding conditions. That is, the University cannot guarantee a placement in the specialist area chosen by the student nor under the same conditions as in the ordinary exam period.

To pass the subject area in the extraordinary exam period, the weighted average grade for the work placement review and journal (10% + 25%) and the weighted average grade for the tutor reports and the ECOE (45% + 15%) both need to a minimum of 5 on a scale of 0 to 10.

If students do not achieve a minimum weighted average grade of 5 for the work placement review and journal in the extraordinary exam period, they will have to re-enrol in the subject area in the next academic year. In this case, the extraordinary exam period grade would be the weighted average grade of below 5 for the review and journal, even if the final weighted average grade for the four assessment areas is higher than 5.

If you do not achieve a minimum weighted average grade of 5 for the tutor assessment, you will have to re-enrol in the subject area in the next academic year. In this case, the extraordinary exam period grade would be the average grade of below 5 for the tutor assessment, even if the final weighted average grade for all the assessment areas is higher than 5.

If you do not achieve a minimum grade of 5 for the ECOE but you pass all the other assessment areas, you will have to re-enrol in the subject area in the next academic year and complete it again from the beginning.

A number of rules are applicable to all students over the course of the subject area. If you do not abide by these rules, you will lose the right to assessment in the extraordinary exam period. As a result, you would have to re-enrol in the subject area in the next academic year. Please remember to read these **General Rules and Key Considerations** and follow them meticulously.

Both the work placement review and journal will be submitted on the internship assessment platform "UEvalua". Both documents in pdf format can be no bigger than 20MB. Any work that is submitted late, outside of this platform or in any format other than pdf will not be accepted. Any work submitted under these conditions will be graded 0.

If you submit work that is found to fully or partially plagiarise the work of others, you will automatically lose the right to assessment in the extraordinary exam period and will have to retake the subject area in the next academic year.

In all cases, the assessment concludes with recognition of your level of learning, which is expressed as a numerical grade in line with the provisions of the legislation in force.

If you do not achieve a minimum grade of 5 out of 10 in the extraordinary exam period, you will fail the subject area and you will need to re-enrol in it the following academic year, starting the whole process again.

8. TIMELINE

This section presents the timeline and submission dates for the assessable tasks in this subject area.

Assessable tasks	Date
Activity 1: Preparation of the work placement review	Weeks 19-20
Activity 2: Writing the work placement reflective journal.	Weeks 19-20
Activity 3: OSCE	Weeks 21-22

The timeline may be subject to modifications for logistical reasons. Students will be informed of any changes in due time via the appropriate channels.

9. BIBLIOGRAPHY

There are no general sources of information recommended for internships.

10. DIVERSITY AWARENESS UNIT

From the Educational Guidance and Diversity Unit we offer support to our students throughout their university life to help them reach their academic achievements. Other main actions are the student's inclusions with specific educational needs, universal accessibility on the different campuses of the university and equal opportunities.

From this unit we offer to our students:

1. Accompaniment and follow-up by mean of counselling and personalized plans for students who need to improve their academic performance.
2. In terms of attention to diversity, non-significant curricular adjustments are made in terms of methodology and assessment for those students with specific educational needs, pursuing an equal opportunity for all students.
3. We offer students different extracurricular resources to develop different competences that will encourage their personal and professional development.
4. Vocational guidance through the provision of tools and counselling to students with vocational doubts or who believe they have made a mistake in their choice of degree.

Students in need of educational support can write to us at:

orientacioneducativa@universidadeuropea.es

11. STUDENT SATISFACTION SURVEYS

Your opinion matters!

Universidad Europea encourages you to complete our satisfaction surveys to identify strengths and areas for improvement for staff, degree courses and the learning process.

These surveys will be available in the surveys area of your virtual campus or by email.

Your opinion is essential to improve the quality of the course.

Many thanks for taking part.