1. OVERVIEW

Subject area	Practicum 4
Degree	Bachelor's Degree in Nursing
School/Faculty	Biomedical and Health Sciences
Year	4th
ECTS	36 ECTS
Type	Compulsory
Language(s)	Spanish
Delivery Mode	On campus
Semester	Semester 1 & 2

2. INTRODUCTION

In the subject PRACTICUM 4, the objective is for the student to integrate and apply the competencies acquired in various courses of the Nursing degree in a real setting of healthcare practice. Throughout this course, the student will attain the necessary competencies to integrate into a multidisciplinary team and participate, from a nursing perspective, in the comprehensive care of patients and their families at each stage of the life cycle and in various circumstances they may encounter. They will develop the necessary competencies to communicate therapeutically with individuals-patients, apply the nursing process and interventions derived from orders of other professionals, and make ethical and responsible decisions based on the values and standards that underpin the profession.

In PRACTICUM 4, the clinical context will be provided in a medical or surgical hospitalization unit. Reflection and analysis of different practical experiences will be encouraged, and through simulation, consulting scientific evidence, and delving into health problems and nursing interventions through the courses on Care in Health Alterations 2 and 3. Gradually, and through reflection on clinical and professional learning, the student can build their own nursing knowledge.

3. SKILLS AND LEARNING OUTCOMES

In the table below, the relationship between the competencies developed in the subject and the learning outcomes pursued is presented:

Basic Competencies (CB, by the acronym in Spanish):

• CB1: Students have demonstrated possession and understanding of knowledge in an area of study that builds on general secondary education and is typically found at a level that, while supported by advanced textbooks, also includes aspects involving knowledge from the forefront of their field of study.
• CB2: Students can apply their knowledge to their work or vocation in a professional manner and possess the skills usually demonstrated through the development and defense of arguments and problem-solving within their area of study.
• CB3: Students have the ability to gather and interpret relevant data (usually within their area of study) to make judgments that include reflection on relevant social, scientific, or ethical issues.
• CB4: Students can convey information, ideas, problems, and solutions to both specialized and non-specialized audiences.
• CB5: Students have developed the learning skills necessary to undertake further studies with a high degree of autonomy.

General Competencies (CG, by the acronym in Spanish):

- CG1: Provide technical and professional healthcare: Deliver technically appropriate health care with full scientific autonomy. Adhere to quality and safety standards established in legal and ethical regulations.
- CG2: Plan and provide nursing care: Direct care focused on health outcomes, evaluating their impact. Use clinical and healthcare practice guidelines in diagnosing, treating, or caring for health problems.
- CG3: Know and apply historical foundations and theoretical and methodological principles.
- CG4: Understand interactive behavior of the individual: Consider factors such as gender, group, or community within their social and multicultural context.
- CG5: Design care systems: Evaluate their impact and make necessary modifications.
- CG6: Base interventions on scientific evidence and available means.
- CG7: Understand individuals without prejudice: Respect their physical, psychological, and social aspects. Ensure respect for opinions, beliefs, values, and the right to privacy.
- CG8: Promote and respect rights to participation, autonomy, and informed consent.
- CG9: Promote healthy lifestyles and self-care: Support preventive and therapeutic behaviors.
- CG10: Protect the health and well-being of individuals or groups, ensuring their safety.
- CG11: Establish effective communication and promote health education.
- CG12: Know the ethical and deontological code of Spanish nursing: Understand ethical implications of health in a globally transforming context.
- CG13: Know principles of healthcare management and financing: Use available resources appropriately.
- CG14: Establish evaluation mechanisms: Consider scientific-technical and quality aspects.
- CG15: Work with a team of professionals: Structure in a uni or multidisciplinary and interdisciplinary manner in healthcare organizations.
- CG16: Know healthcare information systems.
- CG17: Provide care based on comprehensive health care: Involve multidisciplinary cooperation, process integration, and continuity of care.

Transversal Competencies (CT, by the acronym in Spanish):

- CT1: Responsibility: The student should be able to accept the consequences of their actions and be accountable for their own deeds.
- CT2: Self-confidence: The student should be able to act with confidence and the necessary motivation to achieve their objectives.
- CT3: Awareness of ethical values: The student should possess the capacity to feel, judge, argue, and act consistently, persistently, and autonomously in accordance with moral values.
- CT4: Communication skills: The student should be capable of expressing concepts and ideas effectively, including the ability to communicate in writing with conciseness and clarity, as well as speaking publicly in an efficient manner.
- CT5: Interpersonal understanding: The student should be capable of active listening to reach agreements, utilizing an assertive communication style.
- CT6: Flexibility: The student should be capable of adapting and working in various situations and with diverse individuals, valuing and understanding different perspectives and adjusting their own approach as the situation requires.
- CT7: Teamwork: The student should be capable of actively participating in achieving a common goal, listening, respecting, and valuing the ideas and proposals of other team members.
- CT8: Initiative: The student should be capable of proactively anticipating situations and proposing solutions or alternatives.
- CT9: Planning: The student should be able to effectively determine their goals and priorities, defining actions, timelines, and optimal resources required to achieve those goals.
- CT10: Innovation-Creativity: The student should be capable of devising new and different solutions to problems, adding value to the challenges they encounter.

Specific Competencies (CE, by the acronym in Spanish):

Competency 26 (CE 26) refers to pre-professional practices in the form of an independent clinical rotation, with a final competency assessment, conducted in hospitals. The objective of these practices is to incorporate professional values, healthcare communication competencies, clinical reasoning, clinical management, and critical judgment. Throughout this period, the aim is to integrate into professional practice the knowledge, skills, and attitudes of nursing, grounded in principles and values associated with the competencies outlined in the general objectives and subjects that make up the program.

Ethical-Social Competence:

• Demonstrate ethical behaviors and social commitment in performing the activities of a profession, as well as sensitivity to inequality and diversity. This competence development will foster appropriate behaviors in academic and/or professional social and environmental norms and commitments and respectful behaviors towards diversity, promoting inclusive actions in the academic and/or professional environment. Therefore, through the development of this competence, a contribution will be made, to a greater or lesser extent, to the achievement of the Sustainable Development Goals (SDGs) of the United Nations 2030 Agenda (https://www.un.org/sustainabledevelopment/).

Learning Outcomes (RA, by the acronym in Spanish):

- RA1: Ability to work in a holistic, tolerant, non-judgmental, careful, and sensitive manner.

- RA2: Awareness of the various roles, responsibilities, and functions of a nurse.

- RA3: Ability to respond to patient needs by planning, delivering services, and evaluating individualized programs.

- RA4: Ability to critically question, evaluate, interpret, and synthesize a range of information and data sources.

- RA5: Ability to assert clinical judgments to ensure that quality standards are met and practice is evidence-based.

- RA6: Ability to safely administer drugs and other therapies.

- RA7: Ability to consider emotional, physical, and personal care.

- RA8: Relevant knowledge of and ability to apply natural and life sciences.

- RA9: Relevant knowledge of and ability to apply technology and informatics to healthcare.

- RA10: Ability for effective communication.

- RA11: Ability to appropriately represent the patient's perspective and act to prevent abuse.

- RA12: Ability to use counseling skills effectively (communication techniques to promote patient well-being).

The following table shows how the skills developed in the subject area relate to the intended learning outcomes:

Competences	Learning Outcomes
CB3, CG3. CG4, CG7, CG8, CG12, CT3, CE26	RA1

CB1, CB2, CG1, CG2, CG15, CG17, CT1, CT6, CE26	**RA2**
CB2, CB3, CG1, CG2, CG4, CG5, CG9, CG17, CT1, CT2, CT8, CE26	**RA3**
CB1, CB3, CB4, CB5, CG6, CG13, CG14, CG16, CT4, CT8, CE26	**RA4**
CB2, CB3, CG6, CG10, CG14, CE26	**RA5**
CB2, CB3, CG6, CG10, CG14, CE26	**RA6**
CG1, CG2, CG5, CG11, CG15, CG17, CT5, CE26	**RA7**
CG14	**RA8**
CG6, CG13, CG16	**RA9**
CB4, CG11, CG15, CT4	**RA10**
CG8, CG10, CG12, CT1	**RA11**
CB4, CG11, CG15, CT4	**RA12**

4. CONTENTS

A supervised practice rotation in nursing units involving health promotion and disease prevention activities includes:

- Organization of the nursing unit, institutional overview, and various roles within the professional team.

- Effective communication with patients, families, and the professional team.

- Comprehensive patient assessment applying theoretical and methodological aspects. Focused assessment based on identified health problems.

- Implementation of protection and safety measures in all nursing interventions.

- Demonstration of ethical-legal principles: privacy, confidentiality, and professional secrecy.

- Planning and execution of individualized nursing care for patients and/or their families.

- Identification of real health problems and/or risks, distinguishing between nursing problems and collaborative issues.

5. TEACHING-LEARNING METHODS

The types of teaching-learning methods are as follows:

- Cooperative Learning.
- Problem-Based Learning (PBL).
- Case Study.
- Simulation Environments.

6. LEARNING ACTIVITIES

The types of learning activities, plus the amount of time spent on each activity, are as follows:

On campus:

Learning Activities	Number of hours
Clinical Internship	900
TOTAL	**900**

7. ASSESSMENT

The assessment systems, plus their weighting in the final grade for the subject area, are as follows:

Assesment System	Weighting
Internship Supervisor Report (Tutor's Evaluation 80% + Reflective Journal 20%)	100

8. BIBLIOGRAPHY

The recommended bibliography is indicated below:

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