

1. OVERVIEW

Subject area	Care for women
Degree	Bachelor's Degree in Nursing
School/Faculty	Biomedical and Health Sciences
Year	3 ^o
ECTS	6 ECTS
Type	Compulsory
Language(s)	Spanish
Delivery Mode	On campus
Semester	Semester 2

2. INTRODUCTION

Life cycle nursing, Women's care, is a subject included within the basic subjects of the Nursing Degree. Through the contents of the subject, the aim is to train the nurse to understand the events that occur around women's health, with a global vision of the person as a biological, psychological and social being.

The bases are presented so that students are able to carry out adequate nursing care for women, in each of the stages of their life, those reproductive and the phases not related to reproduction, taking into account all the factors. that affect their life cycle.

The fundamental aspects on which the competencies and learning objectives focus are marked by:

- Social changes in the sexual and reproductive tendencies of the population.
- New legal aspects of therapeutic strategies related to contraception and assisted reproduction.
- Multicultural population with different perspectives on the issues of sexuality, reproduction and care for women.

3. SKILLS AND LEARNING OUTCOMES

Basic skills Basic skills (CB, by the acronym in Spanish):

- CB1: That students have demonstrated possession and understanding of knowledge in an area of study that is based on general secondary education, and is usually found at a level that, although supported

by advanced textbooks, also includes some aspects that involve knowledge from the cutting edge of their field of study.

- CB2: That students know how to apply their knowledge to their work or vocation professionally and possess the skills that are usually demonstrated through the development and defense of arguments and resolution of problems within their area of study.
- CB3: That students have the ability to gather and interpret relevant data (normally within their area of study) to make judgments that include reflection on relevant issues of a social, scientific or ethical nature.
- CB4: That students can transmit information, ideas, problems and solutions to both a specialized and non-specialized audience.
- CB5 - That students have developed those learning skills necessary to undertake further studies with a high degree of autonomy.
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General skills (CG, by the acronym in Spanish):

- CG1: Be able, in the field of nursing, to provide technical and professional health care appropriate to the health needs of the people they care for, in accordance with the state of development of scientific knowledge at any given time and with the quality and safety levels established in the applicable legal and deontological standards.
- CG2: Plan and provide nursing care aimed at individuals, families or groups, oriented towards health results, evaluating its impact, through clinical and care practice guides, which describe the processes by which it is diagnosed, treated or take care of a health problem.
- CG5: Design care systems aimed at individuals, families or groups, evaluating their impact and establishing appropriate modifications.
- CG6: Base nursing interventions on scientific evidence and available means.
- CG10: Protect the health and well-being of the people, family or groups served, guaranteeing their safety.
- CG11: Establish effective communication with patients, family, social groups and colleagues and promote health education.

Transversal skills: (CT, by the acronym in Spanish)

- CT01: Responsibility. That the student is able to assume the consequences of the actions he performs and be responsible for his own actions.
- CT06: Flexibility: That the student is able to adapt and work in different and varied situations and with diverse people.
- CT08: Initiative: That the student is able to proactively anticipate solutions or alternatives to the situations presented.
- CT09: Planning- That the student is able to effectively determine his or her goals and priorities, defining the actions and optimal deadlines and resources required to achieve such goals.

Specific skills (CE, by the acronym in Spanish):

- CE13: Apply the nursing process to provide and guarantee the well-being, quality and safety of the people cared for.
- CE14: Know and apply the principles that support comprehensive nursing care.

- CE18: Identify the characteristics of women in the different stages of the reproductive cycle and in the climacteric and in the alterations that may occur, providing the necessary care at each stage. Apply general care during the maternity process to facilitate the adaptation of women and newborns to new demands and prevent complications.

Learning outcomes (RA, by the acronym in Spanish):

- RA1: Apply general care during the maternity process to facilitate the adaptation of women and newborns.
- RA2: Know the specific aspects and care of the newborn.
- LO8: Be able to provide health education to parents or primary caregivers.
- LO9: Understand the changes associated with the aging process and its impact on women's health.

The following table shows how the skills developed in the subject area relate to the intended learning outcomes:

Skills	Learning outcomes
CB1,CB2,CB3,CB4,CB5, CG1,CG2,CG5,CG6, CG10, CG11, CT1, CT6, CT8,CT9, CE1, CE2, CE4, CE6 Y CE18.	RA1
CB1,CB2,CB3,CB4,CB5, CG1,CG2,CG5,CG6, CG10, CG11, CT1, CT6, CT8,CT9 y CE19.	RA2.
CB1, CB4, CG1, CG2, CG5,CG6, CG11, CE4 y CE19.	RA8
CB2, CB3, CG1 CT1, CT5, CT7, CE1, CE3, CE4, CE6 y CE18	RA9

4. CONTENTS

The subject is organized into four learning units, which, in turn, are divided into themes.

Unit 1: Women's health throughout the life cycle.

Topic 1. Health and women. Gender, health and sustainable development.
Topic 1b. Gender violence
Topic 2. Reproductive system
Topic 3. Puberty
Topic 4 Climaterium

Unit 2: Gynecological pathology

Topic 5. Gynecological pathology
Topic 6. STIs

Unit 3: Sexual and reproductive health

Topic 7. Sexual and reproductive health.
Topic 8a. Human sexual response

Topic 8b. Reproduction, family planning.

Topic 8c. Contraceptive methods

Unit 4: Care for women during pregnancy, childbirth and postpartum.

Topic 9. Development of pregnancy.

Topic 10. Pregnancy modifications

Topic 11. Pregnancy control.

Topic 12. Gestational pathology.

Topic 13. Normal birth and pathological birth.

Topic 14. Normal and pathological puerperium.

5. METODOLOGÍAS DE ENSEÑANZA-APRENDIZAJE

Below are the types of teaching-learning methodologies that will be applied:

- Master class
- Cooperative learning
- Communicative tasks
- Problem Based Learning (PBL)
- Simulation environments
- Case method

6. LEARNING ACTIVITIES

The types of learning activities, plus the amount of time spent on each activity, are as follows:

On campus:

Learning activity	Number of hours
Master classes	40h
Practical exercises	50h
Seminars and presentations	20h
Tutorships	35h
Self-study	5h
TOTAL	150h

7. ASSESSMENT

The assessment systems, plus their weighting in the final grade for the subject area, are as follows:

On campus:

Sections	Evaluation system	Peso
Section 1 (Knowledge) 50%	Objective knowledge test	50%
Section 2 (Activities) 50%	Individual activities	15%
	Group work	10%
	Oral presentation	10%
	Practical test	15%
TOTAL		100%

8. BIBLIOGRAPHY

The recommended bibliography is indicated below:

Basic:

Calaf Alsina, J. (2005). Manual básico de anticoncepción. Barcelona: Masson.
 Donat Colomer, F. (2006). Enfermería maternal y ginecológica. Barcelona, editorial: Masson.
 Sociedad Española de Ginecología y Obstetricia, S. (2013). Tratado de Ginecología y Obstetricia. Editorial Médica Panamericana.
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 Cabero Roura, L., Cabrillo Rodríguez, E., Bajo Arenas, J. (2012). Tratado de ginecología y obstetricia (2ª Ed.). Madrid: Médica Panamericana. ISBN: 9788498357165 (obra completa); 9788498352689 (v. 1); 9788498352696 (v. 2).

Complementary:

Lawrence, R. and Lawrence, R. (2007). Lactancia materna. Madrid: Elsevier.
 Lombardía Prieto, J. (2007). Ginecología y Obstetricia. Editorial Médica Panamericana.
 Towle M.A. Asistencia de enfermería materno neonatal. Editorial: Pearson, 2010
 Matorras Weinig, R., Remohí Giménez, J., Serra Serra, V., Herruzo Nalda, A. (2011) Casos clínicos en obstetricia y ginecología. Madrid: Médica Panamericana. ISBN: 9788498353969.
 Sharon Einav, Carolyn F. Weiniger, Ruth Landau (editors) (2020). Principles and Practice of Maternal Critical Care. Cham: Springer. ISBN: 978-3-030-43477-9

Biblioteca UEV José Planas: <https://descubre-uev.bibliocrai.universidadeuropea.es/>

Conselleria de Sanitat: www.san.gva.es

Directorio de enfermería - enfersalud: <http://www.enfersalud.com/>

Ministerio de Sanidad, Servicios sociales e igualdad: <https://www.mscbs.gob.es/>