

1. OVERVIEW

Subject area	Practicum 1
Degree	Bachelor's Degree in Nursing
School/Faculty	Biomedical and Health Sciences
Year	1st
ECTS	9 ECTS
Type	Compulsory
Language(s)	Spanish
Delivery Mode	On campus
Semester	Semester 2

2. INTRODUCTION

In the subject PRACTICUM I, the aim is for the student to integrate and apply the skills acquired in the different subjects of semester 1 and 2, and especially the subject of Basic Processes and Care of the Nursing degree, in a real environment of care practice.

In these practices, the student will have a first immersion in the real clinical context as part of the professional team of a nursing unit of a health center. You will have the opportunity to observe, understand and perform basic nursing care and procedures, under supervision, on patients and/or family members.

3. SKILLS AND LEARNING OUTCOMES

Basic skills (CB, by the acronym in Spanish):

- CB1: Students have shown their knowledge and understanding of a study area that builds on general secondary school education, and are usually at the level where, with the support of more advanced textbooks, they may also demonstrate awareness of the latest developments in their field of study.
- CB2: That students know how to apply their knowledge to their work or vocation in a professional manner and possess the skills that are usually demonstrated through the elaboration and defense of arguments and the resolution of problems within their area of study.
- CB3: Students have the ability to gather and interpret relevant data (normally within their area of study) to form opinions which include reflecting on relevant social, scientific or ethical matters.
- CB4: That students can transmit information, ideas, problems and solutions to both a specialized and non-specialized audience.
- CB5: Students have developed the necessary learning skills to undertake further studies

with a high degree of independence.

General skills (CG, by the acronym in Spanish):

- CG1: Be capable, in the field of nursing, to provide technical and professional health care appropriate to the health needs, with full technical and scientific autonomy, of the people they care for, in accordance with the state of development of scientific knowledge at each moment and with the levels of quality and safety that are established in the applicable legal and deontological standards.
- CG2: Plan and provide nursing care aimed at individuals or groups, oriented towards health results, evaluating their impact, through clinical and care practice guides, which describe the processes by which a health problem is diagnosed, treated or cared for. Health
- CG3: Know and apply the theoretical and methodological foundations and principles of nursing.
- CG4: Understand the interactive behaviour of individuals in terms of gender, group or community, within their social and multicultural context.
- CG5: Design care systems aimed at individuals or groups, evaluating their impact and establishing appropriate modifications.
- CG6: Base nursing interventions on scientific evidence and available means
- CG7: Understand people without prejudice, considering their physical, psychological and social aspects, as autonomous and independent individuals, ensuring respect for their opinions, beliefs and values, guaranteeing the right to privacy, through confidentiality and professional secret.
- CG8: Promote and respect the right of participation, information, autonomy and informed consent in the decision-making of the people cared for, in accordance with the way they live their health-illness process.
- CG9: Promote healthy lifestyles, self-care, supporting the maintenance of preventive and therapeutic behaviors.
- CG10: Protect the health and well-being of the people or groups served, guaranteeing their safety.
- CG11: Establish effective communication with patients, family, social groups and colleagues and promote health education.
- CG12: Know and comply with the ethical and deontological code of Spanish nursing.
- CG13: Know the principles of health and social health management and financing and appropriately use the available resources.
- CG14: Establish evaluation mechanisms, considering scientific-technical and quality aspects.
- CG15: Work with the team of professionals as a basic unit in which professionals and other personnel of healthcare organizations are structured in a uni- or multidisciplinary and interdisciplinary manner.
- CG16: Know health information systems.
- CG17: Provide nursing care based on comprehensive health care, which involves multidisciplinary cooperation, the integration of processes and continuity of care.

Cross-curricular skills (CT, by the acronym in Spanish):

- CT1: Responsibility: That the student is able to assume the consequences of the actions he performs and be responsible for his own actions.
- CT2: Self-confidence: That the student is capable of acting safely and with sufficient motivation to achieve his or her goals.

- CT3: Awareness of ethical values: Student's ability to feel, judge, argue and act in accordance with moral values in a coherent, persistent and autonomous way.
- CT04: Communication skills: That the student be able to express concepts and ideas effectively, including the ability to communicate in writing with conciseness and clarity, as well as speak in public effectively.
- CT05: Interpersonal understanding: That the student is capable of active listening in order to reach agreements, using an assertive communication style
- CT6: Flexibility: That the student is able to adapt and work in different and varied situations and with diverse people. It involves valuing and understanding different positions, adapting your own approach as the situation requires it.
- CT7: Teamwork: That the student is able to participate actively in achieving a common objective, listening, respecting and valuing the ideas and proposals of the rest of the members of their team.
- CT8: Initiative: That the student is able to proactively anticipate by proposing solutions or alternatives to the situations presented.
- CT9: Planning: that the student is able to effectively determine his or her goals and priorities by defining the optimal actions, deadlines, and resources required to achieve such goals
- CT10: Innovation-Creativity: That the student is able to devise new and different solutions to problems that add value to problems that arise.

Specific skills (CE, by the acronym in Spanish):

- CE 26: Pre-professional practices, in the form of an independent clinical rotation and with a final evaluation of competencies, in Hospitals that allow the incorporation of professional values, healthcare communication competencies, clinical reasoning, clinical management and critical judgment, integrating knowledge into professional practice. , nursing skills and attitudes, based on principles and values, associated with the competencies described in the general objectives and in the subjects that make up the degree.

Learning outcomes (RA, by the acronym in Spanish):

- RA1. Perform the nursing assessment of the adult patient by interview.
- RA2. Perform the nursing assessment of the adult patient by physical examination: observation, auscultation, palpation and percussion.
- RA3: Ability to respond to patient needs by planning, providing services and evaluating individualized programs.
- RA4. Perform the following basic care procedures, applying universal biosafety standards: mobility and body posture, prevention of risks due to immobility, patient hygiene and dressing.
- RA5: Ability to enforce clinical judgments to ensure that quality standards are achieved and that practice is evidence-based.
- RA6: Ability to safely administer drugs and other therapies.
- RA7: Ability to consider emotional, physical and personal care
- RA8: Relevant knowledge of and ability to apply natural and life sciences.
- RA9: Relevant knowledge of and ability to apply technology and information technology to health care.
- RA10: Capacity for effective communication.
- RA11: Ability to adequately represent the patient's perspective and act to avoid abuse.
- RA12: Ability to appropriately use counseling skills (communication techniques to promote

patient well-being).

The following table shows how the skills developed in the subject area relate to the intended learning outcomes:

Skills	Learning outcomes
CB3, CG3, CG4, CG7, CG8, CG12, CT3, CE26	RA1
CB1, CB2, CG1, CG2, CG15, CG17, CT1, CT6, CE26	RA2
CB2, CB3, CG1, CG2, CG4, CG5, CG9, CG17, CT1, CT2, CT8, CE26	RA3
CB1, CB3, CB4, CB5, CG6, CG13, CG14, CG16, CT4, CT8, CE26	RA4
CB2, CB3, CG6, CG10, CG14, CE26	RA5
CB2, CB3, CG6, CG10, CG14, CE26	RA6
CG1, CG2, CG5, CG11, CG15, CG17, CT5, CE26	RA7
CG14	RA8
CG6, CG13, CG16	RA9
CB4, CG11, CG15, CT4	RA10
CG8, CG10, CG12, CT1	RA11
CB4, CG11, CG15, CT4	RA12

4. CONTENTS

A rotation of supervised practices in the hospital environment:

- Organization of the nursing unit, of the institution at a global level and different roles of the professional team.
- Effective communication with patient, family and professional team.
- Assessment and comparison of different records used in the clinical environment.
- Comprehensive assessment of the patient applying theoretical-methodological aspects.
- Basic care: hygiene, feeding, elimination, mobilization, rest according to the patient's needs, distinguishing levels of help.
- Application of protection and security measures.
- Demonstration of ethical-legal principles: privacy, confidentiality and professional secrecy

5. TEACHING-LEARNING METHODS

The types of teaching-learning methods are as follows:

- Cooperative learning
- Problem Based Learning (PBL)
- Simulation environments
- Case method

6. LEARNING ACTIVITIES

The types of learning activities, plus the amount of time spent on each activity, are as follows:

On campus:

Learning activity	Number of hours
Internship in hospital/health center	225*
TOTAL	225

7. ASSESSMENT

The assessment systems, plus their weighting in the final grade for the subject area, are as follows:

On campus:

Assessment system	Weighting
Report from the internship manager (tutor grade 80% + reflective diary 20%)	100 %

On the Virtual Campus, when you open the subject area, you can check the guide with the details of your assessment activities, including the deadlines and assessment procedure for each.

8. BIBLIOGRAPHY

The works of reference for following up this subject area are:

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- Glenora, E., Berman, A., Kozier, B., Snyder, S. (2013). Fundamentos de Enfermería: conceptos, procesos y práctica (9.ª ed.) Madrid, España: Editorial Pearson.
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- Leal, C., Carrasco, J. (2010) Fundamentos de enfermería, cuidados básicos centrados en las necesidades de la persona. (1.ª ed.) Murcia, España: Editorial Diego Marín Librero-Editor.
- Luis Rodrigo, M.T. [et al] (2005). De la Teoría a la práctica el pensamiento de Virginia Henderson en el siglo XXI. (3ª ed.) Barcelona, España: Editorial Masson.
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- NNN consult (2018). Amsterdam: Elsevier [Base de datos]
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