

1. OVERVIEW

Subject area	Primary Community Care Nursing
Degree	Bachelor's Degree in Nursing
School/Faculty	Biomedical and Health Sciences
Year	Second
ECTS	6 ECTS
Type	Compulsory
Language(s)	Spanish
Delivery Mode	On campus
Semester	Throughout the year (Semesters 3 and 4)

2. INTRODUCTION

The subject area "Primary Community Care Nursing" introduces second year students of the Bachelor's Degree in Nursing to the work of nurses at the primary health care level, focusing on healthcare facility settings and primary care teams.

This subject further explores nursing care in the community, with respect to Public Health and other areas of knowledge covered in the first year.

The aim is for students to know and understand the role of the nurse in this area of health in healthcare facilities, the homes of individuals and families, institutions and associations of the community and, ultimately, where people's lives take place.

The learning outcomes focus on understanding the conceptual and organisational framework of primary health care, the acquisition of knowledge and skills in direct nursing care in the various forms of individual and family care (as a core community group), based on the methodology of the nursing process, the portfolio of primary care services and health programmes, and the acquisition of skills to plan health education aimed at groups.

3. SKILLS AND LEARNING OUTCOMES

Basic skills (CB, by the acronym in Spanish):

- CB2: Students know how to apply their knowledge to their work or vocation professionally and have the skills that are usually demonstrated by forming and defending opinions and solving problems within their study area.
- CB3: Students have the ability to gather and interpret relevant data (normally within their area of study) to form opinions which include reflecting on relevant social, scientific or ethical matters.

General skills (CG, by the acronym in Spanish):

- CG2: Plan and provide nursing care directed at individuals, families or groups, geared towards effective results for health and assess their impact through clinical care practice guidelines, which describe the processes by which a health problem is diagnosed, treated or cared for.
- CG9: Promote healthy lifestyles and self-care, supporting the maintenance of preventive and therapeutic behaviours.
- CG11: Establish effective communication with patients, families, social groups and colleagues, and promote health education.

Cross-curricular skills (CT, by the acronym in Spanish):

- CT3: Contribute actively in work teams, assuming shared responsibilities.
- CT4: Apply effective communication strategies in professional practice.

European skills:

- CUE1: Independently diagnose the necessary nursing care using theory and medical knowledge, and plan, organise and administer nursing care when treating patients on the basis of the knowledge and skills acquired in accordance with point 6(a), (b) and (c), in order to improve professional practice.
- CUE3: Empower individuals, families and groups to take responsibility for healthy lifestyles and self-care based on the knowledge and skills acquired in accordance with paragraph 6(a) and (b).
- CUE5: Independently give advice, guidance and provide support to people in need of care, as well as those close to them.

Specific skills (CE, by the acronym in Spanish):

- CE12: Know and apply the principles underpinning comprehensive nursing care, applying the nursing process as a scientific methodology in the care process to manage, assess and provide care to individuals, families and the community, providing and ensuring the well-being, quality and safety of the people cared for.
- CE13: Ability to describe the fundamentals of primary health care and the nursing activities carried out to provide comprehensive nursing care to individuals, families and the community, understanding the role, activities and cooperative attitude required from professionals in a primary health care team and promoting the involvement of individuals, families and groups in their health-illness process.

Learning outcomes (RA, by the acronym in Spanish):

- RA1. Explain the foundations, structure and organisation of primary health care, both internationally and in Spain.
- RA2. Describe concepts related to the primary care team as well as the roles and activities of the community nurse within an interdisciplinary team.
- RA3. Justify clinical judgements directed at individuals and/or families based on the collection and interpretation of nursing assessment data.
- RA4. Plan nursing actions or interventions aimed at individuals and/or families, taking into account the portfolio of primary care services and/or health programmes.
- RA5. Plan comprehensive nursing care for individuals and/or families by applying the nursing process.
- RA6. Plan group educational activities related to health promotion, self-care and maintenance of preventive and therapeutic behaviours.

The following table shows how the skills developed in the subject area relate to the intended learning outcomes:

Skills	Learning outcomes
CE13, CUE3, CB2	RA1. Explain the foundations, structure and organisation of primary health care, both internationally and in Spain. RA2. Describe concepts related to the primary care team as well as the roles and activities of the community nurse within an interdisciplinary team.
CB2, CG2, CG9, CE12, CUE1, CB3	RA3. Justify clinical judgements directed at individuals and/or families based on the collection and interpretation of nursing assessment data. RA4. Plan nursing actions or interventions aimed at individuals and/or families, taking into account the portfolio of primary care services and/or health programmes. RA5. Plan comprehensive nursing care for individuals and/or families by applying the nursing process.
CB3, CG11, CT3, CT4, CUE5, CB3	RA6. Plan group educational activities related to health promotion, self-care and maintenance of preventive and therapeutic behaviours.

4. CONTENTS

The subject area is divided into six blocks:

Topic 1 Foundations, structure and organisation of primary care.

Topic 2 Roles and activities of the primary care team and the community nurse.

Topic 3 Portfolio of services.

Topic 4 Health programmes at different stages of life.

Topic 5 Individual and group health education.

Topic 6 Nursing assessment and care in primary care.

5. TEACHING-LEARNING METHODS

The types of teaching-learning methods are as follows:

- Lecture.
- Case studies.
- Collaborative learning.
- Project-based learning.

6. LEARNING ACTIVITIES

The types of learning activities, plus the amount of time spent on each activity, are as follows:

Learning activity	Number of hours
Lectures	30 h
Asynchronous lectures	10 h
Research and projects	22 h
Case studies	28 h
Group tutorials	2 h
Oral presentations	4 h
On-campus knowledge tests	4 h
Independent working	50 h
TOTAL	150 h

7. ASSESSMENT

The assessment systems, plus their weighting in the final grade for the subject area, are as follows:

Assessment system	Weighting
On-campus knowledge tests	40%
Case study/problem	30%
Projects	25%
Oral presentations	5%

On the Virtual Campus, when you open the subject area, you can check the guide with the details of your assessment activities, including the deadlines and assessment procedure for each.

8. BIBLIOGRAPHY

The **main bibliography** for the subject area is indicated below:

- Asociación Española de Pediatría de Atención Primaria. (2009). *Programa de Salud Infantil*. Disponible en: <https://www.aepap.org/biblioteca/programa-de-salud-infantil>
- Comunidad de Madrid. (2018). *Carta de Servicios Estandarizada de Atención Primaria*.
- Frías Osuna, A. (2000). *Enfermería Comunitaria*. Barcelona: Masson.
- Gobierno de Navarra (2006). *Manual de Educación para la Salud*. Disponible en: <http://www.navarra.es/NR/rdonlyres/049B3858-F993-4B2F-9E33-2002E652EBA2/194026/MANUALdeeducacionparalasalud.pdf>
- Instituto Nacional de la Salud (1999). *Recomendaciones metodológicas básicas para elaborar un proyecto educativo*. Madrid: autor.

Furthermore, the **recommended bibliography** is indicated below:

- Campo Osaba, M.A. (2009). *Enfermería Comunitaria* (2ª ed). Madrid: Difusión Avances de Enfermería.
- Frías Osuna, A. (2000). *Enfermería Comunitaria*. Barcelona: Masson.
- Martín Zurro, A., Jodar Solá, G. (2018). *Atención familiar y salud comunitaria*. 2ª ed. Barcelona: Elsevier.
- Martín-Zurro, A., Cano-Pérez, J.F. y Gené-Badía, J. (2016). *Compendio de Atención Primaria*. 4ª ed. Barcelona: Elsevier.
- Martínez Riera, J.R., del Pino Casado, R. (2013). *Manual práctico de enfermería comunitaria*. Barcelona: Elsevier.
- Roca Roger, M., Caja López, C., Úbeda Bonet, I. (2011). *Enfermería comunitaria*. Bilbao: Monsa.

Electronic resources related to nursing methodology:

NNN Consult. Disponible como recurso electrónico en la biblioteca virtual UEM.

Documents related to portfolio of primary care services:

Comunidad de Madrid. (2021). *Cartera de Servicios Estandarizados de Atención Primaria*.

Documents related to health programmes:

Servicio Madrileño de Salud. (2012). *Atención a la salud infantil en los centros de atención primaria de la comunidad de Madrid. Documento de consenso*. Disponible en:

https://www.semap.org/docs/Documento_salud_infantil.pdf

Programa de Actividades Preventivas y de Promoción de la Salud. (2018). Recomendaciones de prevención del cáncer. *Atención Primaria* 50, Suplemento 1. Disponible en: <https://www.elsevier.es/es-revista-atencion-primaria-27-sumario-vol-50-num-s1-S0212656718X70115>

Documents related to health education:

López, E., Costa, M. (2008). *Educación para la Salud: Una estrategia para cambiar los estilos de vida*. Madrid: Pirámide

Perea Quesada, R. (2002). La educación para la salud, un reto de nuestro tiempo. *Educación XXI: Revista de la Facultad de Educación*. (Ejemplar dedicado a: Educación para la salud) 4, 15-40. Disponible en:

<http://dialnet.unirioja.es/servlet/articulo?codigo=259886>

Rochon, A. (1996). *Educación para la Salud. Guía práctica para realizar un proyecto*. Barcelona: Masson.

Serrano González, M.I. (2002). *La Educación para la Salud del siglo XXI: comunicación y salud*. 2ª Edición. Madrid: Díaz de Santos

Recommended websites:

www.semap.org Sociedad Madrileña de Enfermería Familiar y Comunitaria

www.faecap.com Federación de Asociaciones de Enfermería Comunitaria y Atención Primaria

www.pacap.net Programa de Actividades Comunitarias en Atención Primaria