1. BASIC INFORMATION

Course	English
Degree program	Bachelor's Degree in Physical Activity and Sports Science
School/Faculty	Faculty of Medicine, Health and Sports
Year	Second Year
ECTS	6 ECTS
Credit Type	Core
Language(s)	English/Spanish
Delivery mode	On-campus and Blended
Semester	S3 and S4
Academic Year	2025/2026
Coordinating professor	Jorden Smith

2. PRESENTATION

Throughout the subject area, the student will develop their competency in the 4 language skills (reading, writing, speaking, and listening), research, and the use of information technology, including generative artificial intelligence (AI), in English.

Unlike a typical General English subject area where there is an emphasis on the acquisition of grammar structures and lexis, the principal aim of this subject area is for the student to be able to develop English language and independent learning skills which they can later make use of while interacting with authentic texts or AI-produced texts in English. This is particularly important as the majority of (up to date) sports science research is published in English, and students will need to interact with this data in order to further their understanding of sports science topics, as well as to carry out research for their end-of-degree project.

On the course students will also carry out an AI project in which they design and create a multimodal text for reasons of self-promotion, such as is done on social media; a necessary for professionals working today in an increasingly competitive labor market. During this experience, students will take on the role of analyzer and evaluator of AI-produced content as they decide which content or ideas produced by generative AI is useful for text design purposes, and which sports science-related language can broaden their own personal lexicons in English.

3. COMPETENCES AND LEARNING OUTCOMES

Basic skills (CB, by the acronym in Spanish):

- CB1: The students have demonstrated they possess and understand knowledge in an area of study stemming from general secondary education. Furthermore, whilst they mostly work with

advanced textbooks, they will show that they have studied at a level that implies that they have acquired expert knowledge in their specialist study area.

- CB4: The students can convey information, ideas, problems and solutions to both an expert and non-expert audience.

- CB5: The students have developed the learning skills necessary to undertake future studies with a high level of autonomy.

Cross-curricular skills (CT, by the acronym in Spanish)

- CT1: Autonomous Learning: ability to choose strategies, tools and the most appropriate moments to learn and put in practice what has been learnt autonomously.

- CT5: Ability to apply knowledge in practice, and to use the knowledge acquired in the academic environment in situations which mirror as much as possible the reality they will face when they find themselves in the professional world.

- CT6: Spoken/written communication: ability to convey and accept information, ideas, opinions and attitudes in order to both understand and produce language; orally by means of words and gestures and on paper by means of writing and illustrations.

- CT17: Work in a team: ability to integrate and collaborate actively with other people, areas and/or organizations in order to reach shared objectives.

Learning outcomes (RA, by the acronym in Spanish):

- RA1: Comprehension of spoken communication in English dealing with topics of interest and/or related to technical studies.

- RA2: Comprehension of written texts and reports in English on topics of general interest and/or technical documents, i.e., articles, descriptive brochures, manuals, descriptions of processes.

- RA3: Presenting and justifying ideas on a variety of topics orally.

- RA4: Writing reports and texts on different topics.

- RA5: Making multimedia presentations in English.

The following table shows the relationship between the skills developed during the course and the learning outcomes pursued:

Skills	Learning outcomes (RA, by the acronym in Spanish):
CB1, CT1, CT5	RA1: Comprehension of spoken communication in English dealing with topics of interest and/or related to technical studies.
CB1, CT1, CT17	RA2: Comprehension of written texts and reports in English on topics of general interest and/or technical documents.
CB1, CB4, CT1, CT5, CT6, CT17	RA3: Presenting and justifying ideas on a variety of topics orally.
CB1, CB4, CT1, CT5, CT6	RA4: Writing reports and texts on different topics.
CB1, CT1, CT5, CT6, CT17	RA5: Making multimedia presentations in English.

4. CONTENT

- Vocabulary related to topical subjects, general topics of interest and specific topics in the area of study.
- Grammatical and communication structures in English.
- Listening to audio material related to general topics of interest and/or the specific area of study.
- Effective multimedia presentation techniques in English.
- Written and spoken communication in English.

5. TEACHING-LEARNING METHODOLOGY

The types of teaching-learning methodologies used are indicated below:

- Lectures
- Problem-based learning (PBL)

6. LEARNING ACTIVITIES

Listed below are the types of learning activities and the number of hours the student will spend on each one:

On campus:

Learning activity	Number of hours
Group activities (seminars, participation in forums, etc.)	40
Lectures	23
Oral presentations	5
Tutorials	8
Self-guided study	40
Report and essay writing	22
Asynchronous study	12
TOTAL	150

Virtual mode:

Learning activity	Number of hours
Group activities (seminars, participation in forums, etc.)	40
Online synchronous lectures	23
Oral presentations	5
Online tutorials	8
Self-guided study	40
Report and essay writing	22

Online asynchronous study	12
TOTAL	**150**

7. ASSESSMENT

Listed below are the assessment systems used and the weighting each one carries towards the final grade:

On campus:

Assessment system	Weighting
On-campus knowledge tests	40%
Participation in classroom activities	40%
Oral presentations	20%

Virtual mode:

Assessment system	Weighting
On-campus knowledge tests	40%
Participation in classroom activities	40%
Oral presentations	20%

When you access the subject area on the *Virtual Campus*, you'll find a description of the assessment activities you have to complete, as well as the deadline and assessment procedure for each one.

7.1. Ordinary exam period

To pass the subject area in the ordinary exam period, you must obtain a final grade higher than or equal to 5 out of 10 (weighted average).

In any case, you must obtain a grade of 4.0 in the final exam for it to count towards the final grade along with all the grades corresponding to the other activities.

7.2. Extraordinary exam period (re-sits)

To pass the subject area in the extraordinary exam period, you must obtain a final grade higher than or equal to 5 out of 10 (weighted average).

Any activities not passed in the ordinary exam period, or those not submitted, must now be submitted after having received the relevant corrections to them by the professor.

8. SCHEDULE

The timeline with due dates of assessable tasks in the subject area is indicated in this section:

Assessment activities	Date
Task 1. Presentation: Stages 1 + 2 of AI Project	Week 6
Task 2. Presentation: Stages 3 + 4 of AI Project (+ submission of Analysis and Log file documents)	Week 12
Task 3. Group Presentation (Speaking Exam)	Week 14
Task 4. Final exam (Listening, Reading & Writing)	Week 15

The timeline may be subject to modifications for logistical reasons. Students will be informed of any changes in due time.

9. BIBLIOGRAPHY

Below you can find the recommended reading for the subject area.

- http://www.uefap.com/vocab/select/awl.htm Academic Word List

- Murphy, R. (2015) English Grammar In Use: B1-B2 Cambridge: CUP

- Wallwork, A. (2013) English for Academic Research: Writing Exercises. Springer

10. EDUCATIONAL GUIDANCE AND DIVERSITY UNIT

From the Educational Guidance and Diversity Unit we offer support to our students throughout their university life to help them reach their academic achievements. Other main actions are the students inclusions with specific educational needs, universal accessibility on the different campuses of the university and equal opportunities.

From this unit we offer to our students:

1. Accompaniment and follow-up by means of counselling and personalized plans for students who need to improve their academic performance.

2. In terms of attention to diversity, non-significant curricular adjustments are made in terms of methodology and assessment for those students with specific educational needs, pursuing an equal opportunities for all students.

3. We offer students different extracurricular resources to develop different competences that will encourage their personal and professional development.

4. Vocational guidance through the provision of tools and counselling to students with vocational doubts or who believe they have made a mistake in their choice of degree.

Students in need of educational support can write to us at:
orientacioneducativa@universidadeuropea.es

11. STUDENT SATISFACTION SURVEYS

Your opinion matters!
Universidad Europea encourages you to complete our student satisfaction surveys to identify strengths and areas for improvement for staff, degrees and the learning process.

These surveys will be available in the "surveys" area of your Virtual Campus or by email.
Your opinion is essential to improve the quality of the degree.
Many thanks for taking part.