

1. BASIC INFORMATION

Course	Psychology of the Life Cycle
Degree program	Bachelor's degree in psychology
School	Faculty of Health Sciences
Year	1
ECTS	6
Credit type	Basic
Language(s)	Spanish / English
Delivery mode	On campus / Virtual
Semester	2
Academic year	2025-2026
Coordinating professor	Carolina Pinazo

2. PRESENTATION

Psychology of the Life Cycle is a compulsory subject in developmental psychology field, taken by students in their first year of study. Developmental Psychology is a scientific field that examines and explains the changes human beings undergo from conception to death. Human life involves progressing through and overcoming a series of stages collectively referred to as the life cycle: the prenatal stage, infancy, childhood, adolescence, youth, adulthood, and old age.

This subject, as a continuation of the Developmental Psychology course taught in the first semester, explores the physical, cognitive, and psychosocial changes that individuals experience throughout their lives, along with the various theoretical models that seek to explain these developments.

3. LEARNING OUTCOMES

Knowledge

KN01. Know the functions, characteristics and limitations of the different Psychology theoretical models.
KN003. Know the main processes and stages of psychological development throughout the life cycle in its aspects of normality and abnormality.

KN004. Know the biological foundations of human behaviour and of psychological functions.

KN009. Know the different fields of application of Psychology and have the necessary knowledge to impact and improve the quality of life of individuals, groups, communities and organisations in different contexts: education, clinical and health, work and organisations.

KN010. Know the correct use of the English language in the industry, both for specialised and non-specialised audiences.

Skills

SK01. Know how to analyse the needs and demands of recipients from a psychological perspective.

SK03. Know how to analyse the context where individual behaviour and group/organisational processes develop.

SK10. Know how to appropriately and effectively give feedback to recipients.

Competences

CP01. Be able to establish psychological action goals in different contexts, proposing and negotiating the goals with recipients and relevant parties.

CDC02. Transmit messages (ideas, concepts, feelings, arguments), both orally and in writing, strategically aligning the interests of the different stakeholders involved in the communication in the academic and professional environment.

CDC08. Show ethical behavior and social commitment in performance of professional activities, as well as sensitivity to inequality and diversity.

LEARNING OUTCOMES

- Students will be able to possess knowledge of the changes in people in all their evolutionary stages, from the perinatal stage to old age, as well as the different theoretical models that explain them.

4. CONTENT

- Development psychology from the perinatal stage to early childhood.
- Developmental Psychology from childhood to adolescence.
- Developmental Psychology of youth.
- Developmental Psychology of adulthood.
- Developmental Psychology of old age.

5. TEACHING-LEARNING METHODOLOGIES

The types of teaching-learning methodologies used are indicated below:

- Case studies
- Cooperative learning
- Problem-based learning
- Lecture
- Simulation environments
- Use of computer programs
- Student oral presentations

6. LEARNING ACTIVITIES

Listed below are the types of learning activities and the number of hours the student will spend on each one:

Campus-based mode:

Learning activity	Number of hours
Analysis of cases	10
Discussions	5
Practice Exercises	15
Formative evaluation (feedback of evaluation tests)	5
Participatory group activities	15
Research	10
Masterclasses	35
Face-to-face tutoring	5
Autonomous work	50
TOTAL	150

Virtual mode:

Learning activity	Number of hours
Webinar	35
Autonomous work	50
Online forums	15
Debates and discussions through virtual seminars	5
Analysis of cases	10
Virtual tutoring	10
Participative group activities (seminars, participation in online forums) via web conference	5
Research (scientific/case studies) and Projects	15
Formative evaluation (feedback of evaluation tests)	5
TOTAL	150

7. ASSESSMENT

Listed below are the assessment systems used and the weight each one carries towards the final course grade:

Campus-based mode:

Assessment system	Weight
Face-to-face Knowledge test	60%
Oral presentations	5%
Portfolio (document compiling student work, providing information on the results of the teaching-learning process)	25%
Participation in debates and forums	10%

Online virtual:

Assessment system	Weight
Virtual Knowledge test	60%
Oral presentation through web conferencing	5%
Portfolio (document compiling student work, providing information on the results of the teaching-learning process)	25%
Online participation in debates and forums	10%

When you access the course on the *Campus Virtual*, you'll find a description of the assessment activities you have to complete, as well as the delivery deadline and assessment procedure for each one.

7.1. Ordinary call period

Campus-based mode:

To pass the course in the Ordinary call period you must obtain a grade greater than or equal to 5,0 out of 10,0 in each of the assessment systems of the course.

If cases of plagiarism are detected in any of the activities delivered, the grade will be **0** and this activity will be suspended during the Ordinary call period. **Late delivery of activities is not allowed either (it will be evaluated with a "0"), except in duly justified cases.** These activities must be recovered in Extraordinary call period, applying rules of the assessment period.

Finally, to pass the course in the Ordinary Exam period, **a minimum of 50% of class attendance is required. Absence excuses do not imply the elimination of such absences in any case.**

The European University of Valencia establishes the continuous assessment as a system of evaluation of knowledge, Skills and basic, general, cross-disciplinary and specific Competencies of the qualification of "Bachelor's Degree in Psychology", in accordance with the provisions of the Regulations for the evaluation of Bachelor's Degrees. In this regard and for the purposes of the consumption of calls the student must be aware that, if he/she presents any assessment system provided in the Learning Guide, in the Ordinary Exam period the student will have a global grade of the course, thus consuming call for entries.

Virtual mode:

To pass the Subject in Ordinary call period you must obtain a grade greater than or equal to 5,0 out of 10,0 in the final grade (weighted average) of the course.

In any case, it will be necessary to obtain a grade greater than or equal to 5.0 in the final test, so that it can be averaged with the rest of the activities.

If cases of plagiarism are detected in any of the activities submitted, the grade will be **0** and this activity will be suspended during the Ordinary call period. **Late delivery of activities is not allowed either (it will be evaluated with a "0"), except in duly justified cases.** These activities must be recovered in Extraordinary call period, applying the same rules in that call for entries.

The European University of Valencia establishes the continuous assessment as a system of evaluation of knowledge, Skills and basic, general, cross-disciplinary and specific Competencies of the qualification of "Bachelor's Degree in Psychology", in accordance with the provisions of the Regulations for the evaluation of Bachelor's Degrees. In this regard, and for the purposes of the consumption of entries, the student must be aware that, if he/she presents any assessment system provided in the Learning Guide, in the Ordinary call period the student will have an overall grade for the course, thus consuming a call for entries.

7.2. Extraordinary call period

Campus-based mode:

To pass the course during the Extraordinary call period you must obtain a grade higher than or equal to 5,0 out of 10,0 in each of the Assessment systems of the course.

Activities not passed in the Ordinary call period must be handed in, after having received the corresponding corrections from the teacher, or those that were not handed in.

The European University of Valencia establishes the continuous assessment as a system of evaluation of knowledge, Skills and basic, general, cross-disciplinary and specific Competencies of the qualification of "Bachelor's Degree in Psychology", in accordance with the provisions of the Regulations for the evaluation of Bachelor's Degrees. In this regard and for the purposes of the consumption of calls the student must be aware that in the Extraordinary call period will be the Objective Test of Knowledge (POC) which determines whether or not consumes call for entries and in the exceptional case that only has pending to overcome assessment system/s other than the POC, it will be considered NP if it does not present it/s and will obtain numerical grade if it presents at least one of them.

Virtual mode:

To pass the Subject in Extraordinary call period you must obtain a grade greater than or equal to 5,0 out of 10,0 in the final grade (weighted average) of the course.

In any case, it will be necessary to obtain a grade greater than or equal to 5,0 in the final test, so that it can be averaged with the rest of the activities.

Activities not passed in the Ordinary call period must be handed in, after having received the corresponding corrections from the teacher, or those that were not handed in.

The European University of Valencia establishes the continuous assessment as a system of evaluation of knowledge, Skills and basic, general, cross-disciplinary and specific Competencies of the qualification of "Bachelor's Degree in Psychology", in accordance with the provisions of the Regulation of evaluation of the Bachelor's Degrees. In this regard and for the purposes of the consumption of entries the student

must be aware that in the Extraordinary exam period will be the Objective Test of Knowledge (POC) which determines whether or not consumes call for entries and in the exceptional case that only has pending to overcome assessment system/s other than the POC, will be considered NP if not presented and will obtain a numerical grade if you present at least one of them.

8. SCHEDULE

This table shows the delivery deadline for each assessable activity in the course:

Campus-based mode:

Assessable activities	Deadline
Face-to-face Knowledge test	Date set by the University based on the academic calendar
Oral presentations	Week 7
Portfolio (document compiling student work, providing information on the results of the teaching-learning process)	Week 9 and 10
Participation in debates and forums	Week 3 and 14

Virtual mode:

Assessable activities	Deadline
Virtual Knowledge test	Date set by the University based on the academic calendar
Oral presentation through web conferencing	Week 7
Portfolio (document compiling student work, providing information on the results of the teaching-learning process)	Week 9 and 10
Online participation in debates and forums	Week 3 and 14

This schedule may be subject to changes for logistical reasons relating to the activities. The student will be notified of any change as and when appropriate.

9. BIBLIOGRAPHY

The main reference work for this subject is:

- Papalia, D.E (2021). *Desarrollo Humano (14 ed.)*. McGraw Hill.

The recommended Bibliography is:

- Lizaso, I., Acha, J., Reizabal, L. y García, A. J. (2017). *Desarrollo biológico y cognitivo en el ciclo vital*. Ediciones Pirámide.
- Triadó, C., Celdrán, M. y Villar, F. (2019). *Desarrollo adulto y envejecimiento (2da ed.)*. Alianza Editorial.

10. EDUCATIONAL GUIDANCE, DIVERSITY AND INCLUSION UNIT

From the Educational Guidance, Diversity and Inclusion Unit we offer support to our students throughout their university life to help them reach their academic achievements. Other main actions are the students inclusions with specific educational needs, universal accessibility on the different campuses of the university and equal opportunities.

From this unit we offer to our students:

1. Accompaniment and follow-up by means of counselling and personalized plans for students who need to improve their academic performance.
2. In terms of attention to diversity, non-significant curricular adjustments are made in terms of methodology and assessment for those students with specific educational needs, pursuing an equal opportunities for all students.
3. We offer students different extracurricular resources to develop different competences that will encourage their personal and professional development.
4. Vocational guidance through the provision of tools and counselling to students with vocational doubts or who believe they have made a mistake in their choice of degree.

Students in need of educational support can write to us at:

orientacioneducativa.uev@universidadeuropea.es

11. ONLINE SURVEYS

Your opinion matters!

The Universidad Europea encourages you to participate in several surveys which help identify the strengths and areas we need to improve regarding professors, degree programs and the teaching-learning process.

The surveys will be made available in the “surveys” section in virtual campus or via e-mail.

Your assessment is necessary for us to improve.

Thank you very much for your participation.